



Wessex Research Group Network Newsletter

VOLUME 3, ISSUE 2.

February 2008

February; and a welcome to Johan Keijser and Carol Fraser who have respectively journeyed from the Netherlands and India to speak in the West Country. A welcome also to the London Earth Mysteries Circle who from February, are located at 50 Gloucester Place, London, NW1.

This newsletter contains listings for the month ahead, book reviews, details of a new on-line magazine (Hermit's Bazaar), and a brief insight into the founding of the Research Into Lost Knowledge Organisation (RILKO). Exciting news also Avalon Rising, who have launched a new venue for talks and a new radio show.

Additions to the on-line article archive include 'Yes; You Have Lived Before' by John Lloyd and 'The Century Ahead: Peering into the Future' by Palden Jenkins. The Meaning of Inner Work by Patricia Harper Davis is the latest addition to the on-line digital lecture archive.

What is the purpose of meditation?

There are many definitions of what meditation is and many reasons why people do it. Essentially it is a spiritual practice, its purpose being to explore the very nature of what we are...

There is a stereotypical view that the aim is to still the mind and then transcend this plane of existence. However the very act of trying to do anything is to identify with the ego, in this case the ego is the seeker. Instead the aim is to go inwards until a state of consciousness is reached experienced as being pure awareness. In this state of consciousness there is no separation between subject and object. In other words the apparent duality between the inner and outer realities disappears. We experience being as one with everything.

It is possible to be in this state the whole time and it is tremendously liberating. Ultimately, it becomes for us a very 'normal' state of perception that we are in the whole time - life becomes meditation so to speak. It is often called 'unity consciousness' or 'Samadhi'. It is what some call enlightenment.

However this state is not the end of the story, it is only the beginning as this state is NOT full enlightenment. There then comes a new experience of duality. The experience of 'unity consciousness' is expressed through you in the illusionary universe of relativity. When we can remain in the state of unity consciousness and yet be fully engaged within the demands of the relative world and yet non-identified with it, then to me we have reached the state of full enlightenment.



Having let go of desires formed within the ego, we surrender to the natural pull of the soul which takes us each on a unique journey of deeper realisations of who we are expressed through the mirror of the relative universe. In other words we each experience a destined way of life of the 'true self'.

*"Where is the true self?
I look deep within,
it is not the body,
deeper still,
it is not the mind,
deeper and deeper,
until I find it is not even the part
doing the looking,
then finally the true self reveals itself,
in the deepest part of myself
and expands out of me to fill the universe,
then in each moment I learn to become it,
that which is both looking and being looked
upon that which is both hearing and being
heard that which is both feeling and being felt,
the search is over, the true self that I looked for
was there all the time."*

For more information about the Openhand Foundation log on to www.openhandweb.org

Sherborne
Jean 01963 220323

Glastonbury WRG
Sue 01458 835708

Frome WRG
Marina 01373 466391

Totnes
Jeffrey 01803 868744

South Devon
Dilys 01803 770977

Avalon Rising
www.avalonrising.co.uk

Weymouth & Dorchester
Pat 01305 767242

Yeovil Psychic Society
www.yeovilpsychics.org.uk

Dorset Earth Mysteries
Group
www.dorsetmysteries.org

School of Energy
Healing Educational Trust
www.energyhealing.co.uk

New Dimensions
Group Bristol
Ghislaine 01225 333825

Centre of Awareness at
Ashburton
awarenesscentre.ashburton.co.uk

Bristol Dowzers
Jason 0117 9498933

Joyous Isle workshops
Dorset
www.joyousisle.fsnet.co.uk

Axminster Awareness
Centre
www.awarenesscentre.org.uk

World in our Hands
WorldinourHands.org

Stoneseeker Tours
www.stoneseeker.net

Centre for Pure Sound
Tel. 01935 389655

London Earth Mysteries
Circle. lemc@ic24.net

The Martinsey Isle Trust
www.martinsey.org.uk

Natures Way, Exmoor
Tel. 01984 640147

Hawkwood College
www.hawkwoodcollege.co.uk

Taunton Pagan Moot
Tel. 01823 283742

www.angellight.co.uk

GATHERINGS

Global Meditation Event
1 Feb at 9pm
www.networkoflight.org

Glastonbury 1 Feb
Imbolc Bardic Showcase
Kevan Mainwairing
Tel. 01225 334204

Falmouth 2-3 Feb
Imbolc Mystic Fayre
www.loveandlight.co.uk

Bournemouth 3 Feb
Imbolc Gathering to Welcome
the Light of Spring
David Hand
Tel. 01202 429300

St Malo 29 Feb-2 Mar
Megalithic Tours Cruise to
St Malo
neil@megalithictours.com

TALKS

Ashburton 1 Feb
Survival of Consciousness
Lynda@centrefawareness.co.uk

Axminster 1 Feb
Make an Inspiring Positive
Change
Wendy Knee
Tel. 01297 32331

Totnes 2 Feb
the Meaning of Crop Circles
Johan Keijser
Tel. Jeffrey 01803 868744

London (TS) 3 Feb
Esoteric Symbolism in the Epic of
Gilgamesh
Lynda Harris
Tel. 0207 563 9815

Bournemouth 4 Feb
Dowsing for Prosperity
Paul Craddock
Tel. Paul 08704280934

Ashburton 4 Feb
the Knights Templar
Marilyn Hopkins
Lynda@centrefawareness.co.uk

Bournemouth PLG 4 Feb
the Cosmic Meaning of Crop
Circles
Johan Keijser
Tel. Sue 01202 581898

Brighton 5 Feb
Stone Age Survival
Hugh Newman
info@theantiquariansociety.com

Frome 6 Feb
Spirit Release
Jane Satchwell
Tel. Marina 01373 466391

Yeovil 6 Feb
Clairvoyance
Mark De Ville
Tel. Jan 01935 421161

Boscombe 7 Feb
Serpent Knowledge and
Jesus the Druid.
Edmund Marriage
Tel. Dave 07977 144147
or Peter 01258 489798

London 7 Feb
Psychic Children DNA and the
Planetary Grid
Hugh Newman
Tel. Hugh 01458 835211

Ferndown 7 Feb
Ancient Stones of Dorset
Peter Knight
Tel. Peter 01258 489798

Axminster 8 Feb
Clairvoyance
Sandra Ryton
Tel. 01297 32331

London (TS) 10 Feb
the Labours of Hercules Practical
Work for Every Soul
Yiannis Pittis
Tel. 0207 563 9815

Ashburton 11 Feb
Astrology
Lynda@centrefawareness.co.uk

Taunton 11 Feb
You and Your Dreams
Wendy Grant
Tel. 01823 283742

Bournemouth PLG 11 Feb
Destiny, Freewill and the Law of
Attraction
David Hamilton
Tel: Sue 01202 581898

London (LEMC) 12 Feb
William Blake: A Personal View
Liza Hayden
lemc@ic24.net

Weymouth & Dorchester
13 Feb
Peace is Possible in Israel
Barbara Cohen
Tel. Pat 01305 767242

Natures Way 14 Feb
Astrology, Romance and Love the
Perfect Partnership
Derek Hawkins
Tel. Carolyn 01984 640147

Glastonbury 14 Feb
Sacred Geometry
Tel. 01458 835506
info@soliluna.net

Bristol (Dowzers) 15 Feb
Geopathic Stress.
Adrian Incedon Webber
Tel. Jason 0117 9498933

Axminster 15 Feb
9/11 to 2012
Ian Crane
Tel. 01297 32331

Bristol (NDG) 17 Feb
the Secret Meaning of World
Events.

Palden Jenkins
Tel. Ghislaine 01225 333825

London (TS) 17 Feb
Hypnotic Regression of Past Lives
and the Existence between
Incarnations
John Holden
Tel. 0207 563 9815

London (TS) 17 Feb
the Spirit of India: Adyar Day 2008
Jenny Baker & Colyn Boyce
Tel. 0207 563 9815

Bath 18 Feb
Bath Story Telling Circle
Tel. Kevan 01225 334204

Bournemouth PLG 18 Feb
What is Gnosis?
Helen Cooper
Tel. Sue 01202 581898

Ashburton 18 Feb
the Enneagram Program
Veronica Croft
Lynda@centrefawareness.co.uk

Yeovil 20 Feb
Time from an Eastern Perspective
Mark Rendall
Tel. Jan 01935 421161

London Forum 21 Feb
Geopathic Stress, Cause,
Effects and Cures
Richard Crieghtmore
Tel. Margaret 02086715417

Axminster 22 Feb
Clairvoyance
John Reece & Kevin
Hodgkinson
Tel. 01297 32331

London (TS) 24 Feb
Energy Sacred Geometry and
World History
Clemens Brenan
Tel. 0207 563 9815

Totnes 24 Feb
Jesus and the Garden of
Eden
Edmund Marriage
Tel. Jeffrey 01803 868744

London (TS) 24 Feb
Dream Your World into Being
Steve Nobel
Tel. 0207 563 9815

Ashburton 25 Feb
Guided Meditation
Lynda@centrefawareness.co.uk

Bournemouth (PLG) 25 Feb
the Balance between Spirituality
and Humanity
Wayne Lee
Tel. Sue 01202 581898

Sherborne 25 Feb
Gnosticism and its Influence
on Celtic Spirituality
John Lloyd
Tel. Jean 01963 220323

London (LEMC) 26 Feb
Stone Age Survival: Earth
Energies, Fertility and the Secrets
of the Stones
Hugh Newman
lemc@ic24.net

Glastonbury 28 Feb
Michael and Mary Line Special
Hugh Newman, Peter Knight and
Shaun Kirwan
Tel. Hugh 01458 835211

Axminster 29 Feb
Vital Freedom
Jane Duggleby
Tel. 01297 32331

London (RILKO) 29 Feb
Many Kabbalabs- An Historical Pot
Pourri
Kenneth Rees
lemc@operamail.com

ON-LINE TALKS AND TEACHINGS

On-line events: Astro Café.
Sundays- **Gail-Elaine**, In
vision joyshop visualisations.
Time 8pm
Wednesdays- **Tina**, A Celtic
Perspective. Time 7.30pm
Tel. Gail-Elaine 01736 795143

WORKSHOPS & COURSES

London 2 Feb
Preparing for Dying
Josefine Speyer
Tel. Judith 01258 475125

Axminster 2 Feb
Reiki 1
Sandi Boyd
Tel. 01297 32331

Devon 2 Feb
Energy Healing Foundation
Course
Tel. 08708007060

Glastonbury 2 Feb
the Way of the Bard
Kevan Mainwairing
Tel. 01225 334204

Axminster 3 Feb
Tai Chi- Qi Gong
Sandi Gillet
Tel. 01297 32331

Ashburton 7 Feb
Healer Support Group for
West Country Healers
Ivor and Sheila Hutchings
Lynda@centreofawareness.co.uk

Dorchester 7 Feb
Lightworker Attunement
David Hand
Tel. 01202 429300

Glastonbury 8 Feb
Music Thanatology: A way for the
dying to achieve a blessed death.

Abigail Robinson
Tel. Judith 01258 475125

Sherborne 8 Feb
Celtic Spirituality and its
Relevance Today
Carol Fraser
Tel. Jill 01984 656236

Chard (Unicorn Centre)
8-10 Feb
Angel Teacher Training
Course (Foundation Module)
Margaret Merrison
Tel. Margaret 01460 66151

Stroud (Hawkwood) 8-10 Feb
Intergrating Psychotherapy and
Spirituality
Serge Beddington Behrens
Tel. 01453 759034

Axminster 9 Feb
A Day with Your Shamanic
Guides
Peter John & Christella
Tel. 01297 32331

London 9 Feb
Energy Healing Foundation
Course
Tel. 08708007060

Glastonbury 9-10 Feb
Unfolding in to the Light (level 1)
Tel. 01458 830443
info@soliluna.net

Elworthy 10 Feb
Spiritual Communion. Is it
Possible?
Carol Fraser
Tel. Jill 01984 656236

Axminster 10 Feb
Shamanic Awareness (1 of 4)
Donna Nunn
Tel. 01297 32331

Belfast 11 Feb
Spiritual Development Course
(module 1)
Chrissie Astell
www.angellight.co.uk

Cullompton 12 Feb
the Enneagram Programme
(part 1)
Veronica & Chris Croft
01884 855759

Wales 12 Feb
Energy Healing Professional
Course
Tel. 08708007060

Chard (Unicorn Centre)
13-17 Feb
Angel Teacher Training
Course (Angel Module)
Margaret Merrison
Tel. Margaret 01460 66151

Bournemouth 16 Feb
the Journey Intensive
Tel. 01656 890400

Bournemouth 16 Feb
the Journey: Advanced Skills
Tel. 01656 890400

Sturminster Newton 16-17 Feb
Reiki 1. Jane Williams
Tel. Jane 01258 471152

Glastonbury 16-17 Feb
Mayan Calendar Workshop
Tel. 01458 835506
info@soliluna.net

Axminster 17 Feb
Intuitive Tarot for Beginners
Jo Lister
Tel. 01297 32331

Sturminster Newton 19 Feb
Meditation Group
Jane Williams
Tel. Jane 01258 471152

Richmond 20 Feb
School of Insight and Intuition
Taster Evening
Tel. 02082552188

Ashburton 21 Feb
Healer Support Group for
West Country Healers
Ivor and Sheila Hutchings
Lynda@centreofawareness.co.uk

Wimborne 22-24 Feb
the Metamorphic Technique
and the Universal Principles
Gaston Saint Pierre
Tel. Jackie 01202885294

Glastonbury 22-24 Feb
Flower of Life Merkaba
Workshop
Tel. 01458 835506
info@soliluna.net

Reading 23 Feb
Introduction to Self Healing
Tel. 08708007060

Cullompton 23 Feb
the Enneagram Programme
(part 1)
Veronica & Chris Croft
01884 855759

Chard 26 Feb
Reiki Share Group
Tel. Margaret 01460 66151

Cullompton 26 Feb
the Enneagram Programme
(part 2)
Veronica & Chris Croft
01884 855759

Dorchester 24 Feb
Unleash the Power of Your
Voice. Dean Carter
Tel. 01935 389655

Bournemouth 27 Feb
Lightworker Attunement
David Hand
Tel. 01202 429300

www.Mindspiritnetwork.com

Bath Storytelling Circle.
Tel. 01225 334204

The London Forum.
Tel. 02086715417

Bournemouth PLG
www.powerofpositiveliving.com

Body, Mind, Spirit Centre,
Dorchester.
www.body-spirit.co.uk

Academy of Spiritual
Psychology
www.spiritualpsychology.co.uk

Unicorn Centre, Chard.
www.unicorncentre.co.uk

Mysticklight.com

Thames Valley Dowzers
Tel. 01494 813 214
susan@scottpowell.fsnet.co.uk

Library of Avalon (LoA)
www.libraryofavalon.co.uk

Theosophical Society,
London.
www.theosophical-society.org.uk

Foundation for International
Spiritual Unfoldment
www.fisu.org/en

Antiquarian Society:
www.theantiquariansociety.com

South Coast Dowzers
www.healthyandwise.co.uk/south_coast_dowzers.htm
www.Loveandlight.co.uk

Hospice of the Heart
www.hospiceoftheheart.org

Openhand
www.openhandweb.org

Soliluna House
www.soliluna.net

White Elk Woman
www.white-elk-woman.com

House of Life Mystery
School
www.thehouseoflife.co.uk

R.I.L.K.O.
<http://members.aol.com/rilko/>

Psychic-Sanctum.co.uk
www.Enneagram-uk.com

www.sacredconnections.co.uk

Serapis Bey Mystery School
www.revolutionof2012.net

www.networkoflight.org

To promote an event or submit a contribution to the newsletter email Robert
rmulliss@talktalk.net

Hermit's Bazaar Hermits Bazaar is a new online magazine which takes a fresh and dynamic approach to serving the eclectic tastes of the spiritual community in the Wessex area, aiming to provide a one-stop local service that meets the needs of modern spiritual lifestyles.

The web site provides a comprehensive, up-to-date local information service aimed at people following New Age disciplines, and also incorporates features and local information for those interested in Eastern spiritual disciplines, such as Yoga and Buddhism, and complementary health. For more information contact Julie at www.hermitbazaar.com

Book Reviews

The Psychic Children: Dolphins, DNA & the Planetary Grid by Hugh Newman

Inspired after meeting a group of Indigo children on a spring equinox in Hawaii, Hugh was initiated into working on the planetary grid system that included decoding the mysteries of the dolphins and the changes that are happening within our DNA. From that work has this book been written, an adventure story that takes the reader from Glastonbury Tor, to the pyramids of Guatemala and the volcanoes of Hawaii. It includes revelations about galactic alignment 2012 and a coming shift in consciousness, which the children all know about and are part of. Join Hugh on this journey by logging on to www.psychicchildren.co.uk or email Hugh at hugh@psychicchildren.co.uk

Love Life Live Life by Sue Stone

Sue Stone's life hit rock bottom in the late 1990s, both emotionally and financially. Not accepting that this was going to be 'it', she set about researching ways to improve her life. She learnt about the incredible power of our thoughts, our subconscious mind and the astonishing power of our feelings. This power is within every single one of us but so few have any real understanding of it.

Sue has transformed her life to one of complete happiness, inner peace and financial abundance. In this inspiring, easy to read and practical book, she educates, empowers and motivates the reader by sharing all that she has learnt. She includes solid content and practical life transforming techniques that can be put to use immediately at home and at work. Available in Paperback or E book format. For more information log on to www.suestone.com/book.htm

Avalon Rising - PLANETARY HEALING, PEACE & LOVE PROJECT OF AVALON.

This simple project is reminding people that as humans, we are the Guardians of our BLUE-GREEN PLANET and that we are now becoming aware of our own innate Healing Powers.

By tuning into the Source via earth energies, love, natural cycles and a sacred diet of food, water and music, this awesome power will return to your own HEART and HANDS. Use your power for the HIGHER Good of All- NOW.

Avalon Rising is a not-for-profit 'Earth Mysteries' network focusing on earth energies, megalithic sites, geomancy, sacred landscapes, grail mysteries, sacred geometry, ancient wisdom and bridging a gap between the outdated 'modern' world and the new 'Golden Age' that is currently dawning on our planet.

Founded by David Hatfield, and now coordinated by Shaun Kirwan & Hugh Newman, AVALON RISING is a local team of authors, mystics and geomancers who hold talks, produce an annual magazine and organise areas at festivals promoting the 'Conference in a Field' format. They will be presenting a weekly show on www.glastonburyradio.net from February 2008 alongside the new series of regular talks held at Lalune Cafe, Glastonbury. www.avalonrising.co.uk

Research into Lost Knowledge Organisation – R.I.L.K.O

The late Elizabeth Leader was a keen student of Folklore, especially that of Somerset, and took a great interest in Mrs Maltwood's researches into the Glastonbury Zodiac. Whilst attending talks at the home of Mrs Von Harten, she met Janette Jackson who was also interested in the area and especially the work of Frederick Bligh Bond who had supervised the excavations at Glastonbury Abbey. Miss Leader introduced Keith Critchlow, to a book THE CANON by William Stirling. He considered that the contents involving a system of measures relating to sacred structures, which were no longer taught in schools, merited further investigation.

At this period Miss Leader was working in the office of Commander G.J. Mathys and he took an interest in the subject and suggested how to set up an organisation to promote the traditions relating to the Isle of Avalon and other matters. The Research into Lost Knowledge Organisation was founded in May 1969 with Commander Mathys as Chairman. RILKO became a registered charity in 1974 and we were honoured when Professor Alexander Thom B.Sc., D.Ac., M.A., Hon L.L.D., Professor of Engineering Science Oxford University, accepted the position of Professor Emeritus. In 2004 John Michell, the distinguished scholar and writer about ancient traditions, and also a RILKO founder member, graciously accepted the position of Professor Emeritus. Today RILKO continues to provide a platform for the dissemination of hidden knowledge incorporated in myth and legend, number and geometry, art and music, architectural proportion, megalithic structures and the geomantic layout of cities and landscape. For further information about RILKO log on to <http://members.aol.com/rilko>