



# Wessex Research Group Network Newsletter

VOLUME 5, ISSUE 5.

May 2010

May 2010 and we welcome Sheila Applegate from the USA who is speaking in Glastonbury and Carol Fraser from India who will be at Elworthy, Sherborne and Stoke Trister. A welcome to the PLG at Bath [www.positivelivinggroups.co.uk/BATH.html](http://www.positivelivinggroups.co.uk/BATH.html) and the SVET centre in Hamburg [www.svet-centre.eu](http://www.svet-centre.eu)

The latest addition to the on-line lecture archive is *Crystals, Sound and Colour* by Lin Law. *About the Nature of the Teachings of Grigorij Grabowoj* by Svetlana Smirnova is the latest addition to the article archive with *The Feminine and the Masculine* and *Material or Ethereal - Our Human Choice* the latest additions to the on-line video archive.

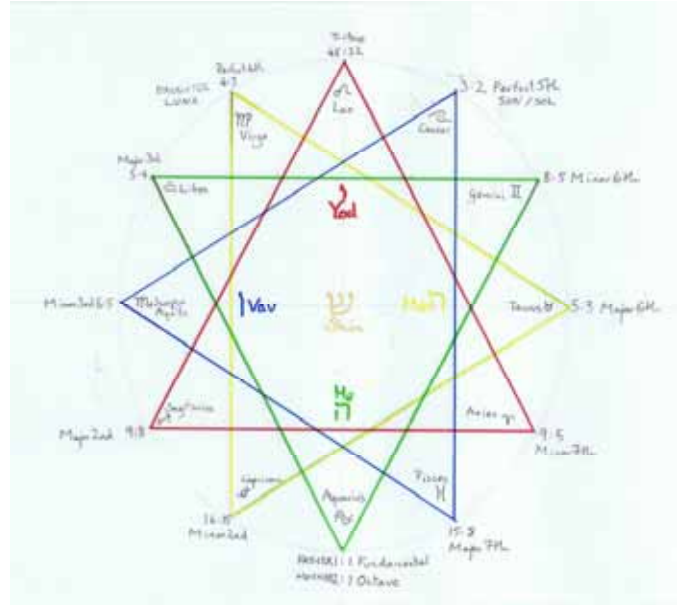
## **Pure Soundbirthing with the Ren or Personal Sonic. Your note for the Aquarian Age**

**by Dean Carter**

The Ren or Personal Sonic (the term 'Ren' is from the Egyptian Mystery Tradition) is your note, your frequency. The idea that we all have a sonic signature like this is generally accepted among spiritual seekers, but its mechanics and what it actually relates to, and how we can find out what in straightforward musical terms that note is less well known. Through my researches over time in the field of sound healing I now believe I can answer these questions.

The Ren is actually the frequency of the 'hara' or 'tan tien'. This energy centre is similar to a *cakra* but is actually of another order of energy, vibrating at a higher energetic level than the *cakras*, and is located between the 2<sup>nd</sup> (Sacral) and 3<sup>rd</sup> (solar-plexus) *cakras*. It is not to be confused with them. Teachers such as Barbara Brennan and masters of Eastern Martial arts have been spreading information about the hara for a long time. The human hara vibrates as an overtone of the earth's own 'hara' note, it is the frequency around which your energy-body is in fact centred and around which the various layers of the aura, 'culminating' in the (lowest frequency) physical body, are built up. As Barbara Brennan points out, it is also the frequency of your spiritual intentionality.

If all the energy frequencies on the planet, including ourselves, are now ascending, how can this note be detected and understood and meaningfully worked with? Knowing in musical and intervallic terms how this energetically transitional phase is working one can



**Above: The Universal Mandala or Face of God**

establish through dowsing using the Universal Mandala or Face of God what the Ren for any individual is. Knowing your note for the Aquarian Age and the 2012 energetic portal can only be a boon, perhaps even, for those committed to spiritual ascension, a necessity.

Our Pure Soundbirthing workshops using crystal and Tibetan bowls and overtone chanting, in which you learn the basics of overtone technique, are now also geared to revealing to each participant their Ren or personal sonic note, quite easily understandable in terms of the Western scale. You might, for example, be an F#, or a G, or any note in the Western Tempered scale, and then could align yourself quite easily with this note by buying a crystal or Tibetan bowl at that pitch, or through using any other instrument or method. People often find when I tell them their note that their favourite pieces of music are in that key. I had been gravitating to the key of 'D' in my playing, transposing pieces from other keys to fit this...and guess what *my* Ren turned out to be? Yes, D.

Pure Soundwaves also make perfect sine waves when represented through an oscilloscope and/or mathematically. Put two perfect sine waves in parallel and you have the symbol for Aquarius. Some coincidence! To find out more about Pure Soundbirthing with the Ren and the forthcoming June workshop email Dean at [ahiahel@live.com](mailto:ahiahel@live.com)

Sherborne  
Jean 01963 220323

Frome WRG  
Marina 01373 465848

Totnes  
Jeffrey 01803 868744

Weymouth & Dorchester  
Roma 01305 816644

Yeovil Psychic Society  
[www.yeovilpsychics.org.uk](http://www.yeovilpsychics.org.uk)

Dorset Earth Mysteries  
Group  
[www.dorsetmysteries.org](http://www.dorsetmysteries.org)

School of Energy  
Healing Educational Trust  
[www.energyhealing.co.uk](http://www.energyhealing.co.uk)

New Dimensions  
Group Bristol  
Lea 01225 722963

Bristol Dowsers  
Lea 01225 722963

Joyous Isle workshops  
[www.joyousisle.com](http://www.joyousisle.com)  
[www.awarenesscentre.org.uk](http://www.awarenesscentre.org.uk)

[www.stoneseeker.net](http://www.stoneseeker.net)  
[www.dragonseeker.co.uk](http://www.dragonseeker.co.uk)

Centre for Pure Sound  
Tel. 01935 389655

[www.londonearth.com](http://www.londonearth.com)

The Martinsey Isle Trust  
[www.martinsey.org.uk](http://www.martinsey.org.uk)

Natures Way, Exmoor  
Tel. 01984 640147

Hawkwood College  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)

Taunton Pagan Moot  
Tel. 01823 283742

[www.avalonrising.co.uk](http://www.avalonrising.co.uk)

[www.angellight.co.uk](http://www.angellight.co.uk)

Taunton Association for  
Psychodynamics (TAP)  
Tel. 01823 665798

[www.wccsg.com](http://www.wccsg.com)

[www.innerpotential.org](http://www.innerpotential.org)

[www.wrekinforum.org](http://www.wrekinforum.org)

[www.goldenageproject.org.uk](http://www.goldenageproject.org.uk)

Theosophical Society in  
Scotland

[www.findhorn.org](http://www.findhorn.org)

## EVENTS

**Glastonbury** 1May  
Flowering Mayday Ceremony  
Tel. 01458 831154

**Otterhampton** 1-2 May  
Parsonage Side Retreat  
Open Weekend  
Tel. 01278 652062

**Stroud** 3 May  
Hawkwood College Open Day  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)

**Wokingham** 3 May  
Conscious Living Day  
[www.cld2010.co.uk](http://www.cld2010.co.uk)

**Camberley** 7-9 May  
Following the Light.  
Theosophical Society Spring  
Conference  
[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)

**Glastonbury** 8-9 May  
Megalithomania Convention  
[www.megalithomania.co.uk](http://www.megalithomania.co.uk)

**Cardiff** 8-9 May  
Vision for Living. The Cardiff  
Natural Health Show  
[www.visionforliving.co.uk](http://www.visionforliving.co.uk)

**Stoke Trister** 15 May  
the Healing Fair  
Tel. 01963 33360

**Swindon** 15-16 May  
Mystic, Holistic Fayre  
[www.universaleyewebs.com](http://www.universaleyewebs.com)

**London** 22 May  
John Michell: A Temenos  
Celebration of his Work  
[www.temenosacademy.org](http://www.temenosacademy.org)

**Kirkcaldy** 22 May  
the Wake Up Call Conference  
[www.thewakeupcall.org.uk](http://www.thewakeupcall.org.uk)

**Tadley** 30 May  
May Fayre  
Equilibrium Centre  
[www.equilibriumcentre.net](http://www.equilibriumcentre.net)

## TALKS

**Frome** 5 May  
Cancer: Looking Beyond the  
Orthodox Approach  
Ann Donelan  
Tel. Marina 01373 465848

**Glastonbury PLG** 5 May  
Super Healthy Being: The Art of  
being Super Healthy!  
Free Love Cannabis  
Tel. 01458 833128

**Edinburgh** 6 May  
One Light Many Lanterns. Spiritual  
Healing in World Religions  
Jim Pym  
[christinebrian@totalise.co.uk](mailto:christinebrian@totalise.co.uk)

**Axminster** 7 May  
5 Steps to Ascension  
Cathie Welchman  
Tel. 01297 32331

**Glastonbury** 7 May  
An Evening Channelling the  
Goddess Isis and Mary  
Magdalene. Sheila Applegate  
Tel. 01458 834587

**Taunton** 10 May  
Three Viking Women  
Val Bannister  
Tel. Yarrow 07974 649794

**Bath PLG** 10 May  
Prayer Energy. The Power to  
Bring About Change  
Mark Bennett  
Tel. 01458 833128

**Bournemouth PLG** 10 May  
Working with the Invisible Guides  
of Humanity. Carol Fraser  
Tel. Sue 01202 581898

**London** 11 May  
Mind Healing  
Toni Perrott  
Tel. 0207 736 4187

**London** 11 May  
Beating the Bounds Ceremonies  
Geraldine Beskin  
[lemc@operamail.com](mailto:lemc@operamail.com)

**Weymouth &  
Dorchester** 12 May  
Who Am I? Knowing Your  
True Nature through the  
Spiritual Philosophy of Yoga  
Derek Thorne  
Tel. Roma 01305 816644

**Yeovil** 12 May  
Trance Demonstration  
Angie Kruger and Richard  
Tel. Colleen 01935 477756

**London (TS)** 12 May  
Bosch Cathars and the Afterlife  
Lynda Harris  
Tel. 0207 563 9815

**Glastonbury PLG** 12 May  
Prayer energy. The Power to  
bring about Change  
Mark Bennett  
Tel. 01458 833128

**DEMG at Wimborne** 13 May  
Soundbath  
Dean Carter  
Tel. Dave 07977 144147

**London** 13 May  
Cosmogrammes: Communicating  
with other dimensions of Life  
Marco Pogacnik  
Tel. 0870 766 9657

**Edinburgh** 13 May  
Spiritual Exploration in the 21st  
Century. A Unitarian Perspective  
Rev. Maude Robinson  
[christinebrian@totalise.co.uk](mailto:christinebrian@totalise.co.uk)

**London (Forum)** 13 May  
the Origins of Humankind  
Ancient Advanced  
Civilisations of South Africa  
Michael Tellinger  
Tel. 0208 671 5417

**Roadwater** 13 May  
Natures Alchemy  
Dr Andrew Tressider  
Tel. Edward 01984 640147

**Axminster** 14 May  
Clairvoyane  
Tony Whitehead  
Tel 01297 32331

**Alton Barnes** 15 May  
Bring a Friend Evening  
WCCSG  
Tel. 01380 739 966

**Bristol** 16 May  
the Magic of Orbs through  
Photography  
Katie Hall & John Pickering  
Tel. Lea 01225 722963

**Totnes** 16 May  
Life in Burma Today: The  
Dream of Aung San Su Chi  
for Democratic Society and  
Government. Sam Hkam  
Tel. Jeffrey 01803 868744

**Woodshaw** 17 May  
Geology of the Marlborough  
Downs. Isobel Geddes  
[wds@wyverndowsing.  
freeseerve.co.uk](mailto:wds@wyverndowsing.freeseerve.co.uk)

**Bath** 17 May  
Bath Story Telling Circle  
Tel. David 01225 482170

**Bournemouth PLG** 17 May  
Iahinoor  
Sarah Godwin & David Boldick  
Tel. Sue 01202 581898

**Bath PLG** 17 May  
Introduction to Psych-K  
Mary Trenfield  
Tel. 01458 833128

**Bradford on Avon** 19 May  
Why Did Your House Choose  
You? How Earth Energies in a  
Property Select and Affect its  
Owners. Summer Watson  
Tel. Sue 07810010840

**Glastonbury PLG** 19 May  
Star Temple of Sophia. The  
Glastonbury Zodiac and the  
Aquarian Age. Louis Standen  
Tel. 01458 833128

**Axminster** 21 May  
2012 and Beyond. An  
Astrological Perspective.  
Jane Bowler  
Tel 01297 32331

**Taunton** 21 May  
the Rest is Silence. Working  
Psychoanalytically with Patients  
who are Facing Death  
Mark Budden  
Tel. 01823 665798

**Bath PLG** 24 May  
Introduction to the Raw Food  
Lifestyle  
Andrew & Angela Davis  
Tel. 01458 833128

**Bournemouth PLG** 24 May  
Connecting with Gaia  
Peter Knight  
Tel. Sue 01202 581898

**London** 25 May  
Travels in Tibet: A Pilgrims  
Progress Around Sacred Mount  
Kailash. Eileen Roche  
[lemc@operamail.com](mailto:lemc@operamail.com)

**Glastonbury PLG** 26 May  
Awakening to the Power of Poetry  
Amanda Gazidas  
Tel. 01458 833128

**London (TS)** 26 May  
Another Heaven Another Hell  
George Wood  
Tel. 0207 563 9815

**Dorchester** 26 May  
Meeting of the Pagan Moot  
Tel. 01305 251646

**Yeovil** 26 May  
Orbs  
Dean Carter & Lorna Heath  
Tel. Colleen 01935 477756

**London** 27 May  
Ancient Mysteries and Sites of an  
Arcane Ritual Landscape  
Jeremy Taylor  
Tel. 0870 766 9657

**Glastonbury** 28 May  
Sacred Geometry Evening  
Claudie Planche  
Tel. 01458 835506

**Sherborne** 31 May  
Exploring the Song of the Earth: a  
new look at crop circles and  
landscape zodiacs  
Anthony Thorley  
Tel. Jean 01963 220323

### WORKSHOPS & COURSES

**Elworthy** 1 May  
the Two Fires of Beltane and  
their Working in Us  
Carol Fraser  
Tel. Jill 01984 656236

**Sherborne** 2 May  
From Consumer to Co-worker  
Carol Fraser  
Tel. Jill 01984 656236

**Thakeham** 5 May  
Painting Unicorns  
Justine van de Weg  
[Justine@angeldivinity.com](mailto:Justine@angeldivinity.com)

**Glastonbury** 5-7 May  
Theta Healing Course  
Tel. 01458 831154

**Tadley** 7 May  
Bach Flower Remedy  
Helen Fogg  
Tel. 01256 850521

**Marizion** 7-10 May  
Surrender into Being Retreat  
[www.white-elk-woman.com](http://www.white-elk-woman.com)

**Axminster** 8 May  
5 Steps to Ascension  
Cathie Welchman  
Tel. 01297 32331

**Christchurch** 8 May  
The Conscious Breath  
Julie Hand  
Tel. 01202 429300

**Elworthy** 8 May  
Approaching and Unfolding  
our Divine Essence  
Carol Fraser  
Tel. Jill 01984 656236

**Cullompton** 8-9 May  
Enneagram Foundation  
Course Part 2  
Veronica & Chris Croft  
Tel. 01884 855759

**Wimborne** 8-9 May  
Approaching the Self.  
Experiencing the Transpersonal  
Within. Ian Thorp  
Tel. 01202 885294

**Tadley** 8-9 May  
Colour Mirrors  
Equilibrium Centre  
Tel. 01256 850521

**Axminster** 9 May  
Herbal First Aid  
Victoria Wright  
Tel. 01297 32331

**London (CPS)** 11 May  
Truths, Myths and the  
Fulfillment of Your Souls  
Destiny. Dr Christine Page  
Tel. 0207 589 3292

**Stroud** 14-16 May  
Sound and Healing Weekend  
Yehuda Tagar  
Tel. 01453 759034

**Thakeham** 14-16 May  
Angel Reiki I and II  
Justine van de Weg  
[Justine@angeldivinity.com](mailto:Justine@angeldivinity.com)

**Ilton** 14-23 May  
Diana Cooper 2012 and Beyond  
Teacher Training Course  
Tel. Margaret 01460 53699

**Bristol** 15 May  
Foot Reading. Polly Hall  
Tel. 0117 924 4512

**Weymouth** 15 May  
Arthurian Initiations  
Patricia Davis  
Tel. 0783 3164615

**Bishops Waltham** 16 May  
Dowsing and Earth Energies  
Peter Knight  
Tel. 0775 408 2691

**Great Dunmow** 16 May  
Angel Insight Workshop  
Chrissie Astell  
[chrissie@angelight.co.uk](mailto:chrissie@angelight.co.uk)

**Aylesbury** 16 May  
Water Divining  
Guy Hudson  
Tel. Susan 01494 813 214

**St Leonards** 16-21 May  
Discover Mediumship  
Colin Bates  
Tel. 01424 729518

**London (CPS)** 21 May  
Tools for Meditation. Part 1  
Mantra. Swami Saradananda  
Tel. 0207 589 3292

**Maynooth** 21-23 May  
Heart and Soul Retreat  
[chrissie@angelight.co.uk](mailto:chrissie@angelight.co.uk)

**London** 22 May  
Wake Up to Abundance  
Brandon Bays  
Tel. 01656 890400

**Cullompton** 22 May  
Tarot and Qabalah: the  
Mysteries of the West  
Levannah Morgan  
Tel. Yarrow 07974 649794

**Weymouth** 22 May  
Introduction to Vibrational  
Medicine  
Stephen Coburn  
Tel. 01202 674636

**Axminster** 22 May  
Astrology. Your Souls Purpose  
Jane Bowler  
Tel. 01297 32331

**Wimborne** 22-23 May  
Dare to Dream. Creating  
Compelling Futures Using NLP  
(Neuro Linguistic Programming)  
Sarah Frossell  
Tel. 01202 885294

**Sedlescombe** 22-23 May  
Peace Circle Mystery School  
Sacred Space Energy Workshop  
Tel. 01273 688788

**Glastonbury** 22-23 May  
Five Gateways Workshop  
Chris Bourne  
Tel. 01458 830443

**Axminster** 23 May  
Homeopathy for Women  
Anne Marshall  
Tel. 01297 32331

**Bristol** 27 May  
Sound Relaxation and  
Meditation - With Gongs and  
Singing Bowls  
Celia Beeson  
Tel. 0117 924 4512

**Jibhafanta, Mongolia** 27 May  
Full Moon Sacred Site  
Ceremony  
Grand Mayan Itza Council  
[yokhahmaya@hotmail.com](mailto:yokhahmaya@hotmail.com)

[www.Mindspiritnetwork.com](http://www.Mindspiritnetwork.com)

Bath Storytelling Circle.  
Tel. 01225 334204

the London Forum.  
[www.londoncircles.net](http://www.londoncircles.net)

Bournemouth PLG  
[www.powerofpositiveliving.com](http://www.powerofpositiveliving.com)

[www.body-spirit.co.uk](http://www.body-spirit.co.uk)

[www.fire-in-the-head.co.uk](http://www.fire-in-the-head.co.uk)

[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

[www.unicorncentre.co.uk](http://www.unicorncentre.co.uk)

[Mysticklight.com](http://Mysticklight.com)

[www.thamesvalleydowsers.org.uk](http://www.thamesvalleydowsers.org.uk)

[www.libraryofavalon.org.uk](http://www.libraryofavalon.org.uk)

Glastonbury PLG  
[www.shiny-happy-people.co.uk](http://www.shiny-happy-people.co.uk)

[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)

[www.fisu.org/en](http://www.fisu.org/en)

[www.theantiquariansociety.com](http://www.theantiquariansociety.com)

[www.Loveandlight.co.uk](http://www.Loveandlight.co.uk)

[www.hospiceoftheheart.org](http://www.hospiceoftheheart.org)

[www.openhandweb.org](http://www.openhandweb.org)

[www.stargaia.com](http://www.stargaia.com)

[www.white-elk-woman.com](http://www.white-elk-woman.com)

[www.thehouseoflife.co.uk](http://www.thehouseoflife.co.uk)

R.I.L.K.O.  
<http://members.aol.com/rilko/>  
[www.Psychic-Sanctum.co.uk](http://www.Psychic-Sanctum.co.uk)

[www.Enneagram-uk.com](http://www.Enneagram-uk.com)

[www.sacredconnections.co.uk](http://www.sacredconnections.co.uk)

[www.revolutionof2012.net](http://www.revolutionof2012.net)

[www.networkoflight.org](http://www.networkoflight.org)

[www.megalithictours.com](http://www.megalithictours.com)

[www.saahera-centre.org](http://www.saahera-centre.org)

[www.gauntshouse.com](http://www.gauntshouse.com)

[www.educationaid.net](http://www.educationaid.net)

Sea Spirit Centre  
<http://spiritual-courses.co.uk>

[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)

[www.wyvernndowsing@freeserve.co.uk](http://www.wyvernndowsing@freeserve.co.uk)

[www.brllsi.org](http://www.brllsi.org)

[www.kabbalahcentres.com](http://www.kabbalahcentres.com)

[www.insearchofthesacred.com](http://www.insearchofthesacred.com)

[www.valehealing.co.uk](http://www.valehealing.co.uk)

Fountain Group  
[embraceyourself@ymail.com](mailto:embraceyourself@ymail.com)

**Wimborne** 27-30 May  
Diploma in Regression  
Therapy  
Andy Tomlinson  
Tel. 01202 841522

**Stoke Trister** 28-30 May  
Preparing for 2012 and  
After. Working with the  
Purple Flame given by the  
Master St Germain.  
Carol Fraser  
Tel. Jill 01984 656236

**Axminster** 29 May  
Mediumship  
Marion Bellfield  
Tel 01297 32331

**Forres, Morayshire** 29 May  
Animate Earth: Science, Intuition  
and Gaia.  
Stephan Harding  
Tel. 01309 690311

**London** 29 May  
Junior Journey  
Debs  
Tel. 01656 890400

**Yeovil** 29 May  
Disciples of Experience Day  
Clint Denyer  
Tel. 07546 598582

**Glastonbury** 29-30 May  
Melody LIITE Crystal  
Therapy Practitioner  
Workshops Levels 1 & 2  
Anni Watson  
Tel. 01458 831154

**Glastonbury** 29-31 May  
the Template: Sacred Geometry  
Activation. Claudie Planche  
Tel. 01458 835506

**Sherborne** 30 May  
Overtone Circle  
Dean Carter  
Tel. 01935 389655

**Norfolk** 30 May  
an Afternoon and Evening with  
White Elk Woman and Friends  
Email [info@white-elk-woman.com](mailto:info@white-elk-woman.com)

### LIGHTWORKER GROUPS

**Global Meditation Event**  
1 May 9pm  
[www.networkoflight.org](http://www.networkoflight.org)

**Bournemouth** Tues / Weds  
Channelling & Meditation  
Tel. Gary 01202 418291

**Weymouth** Weds (eves) /  
Friday (mornings)  
Lightworker Development  
Tel. Tricia 01305 784348

**Weymouth** Thurs  
Lightworker Circle  
Tel. David 01202 429300

**E. Woodlands** 10, 24 May  
Healing from the Heart  
Tel. Marina 01373 466391

**Thakeham** 28 May  
Meditation Evening  
[Justine@angeldivinity.com](mailto:Justine@angeldivinity.com)

**Stoke Trister** 28 May  
Monthly Meditation  
Tel. 077599 42110

### SERVICES

**W. Mersea** 11, **Kelvedon** 25 May  
Spiritual Friends Service, Guest  
Medium, Healing, Workshop  
Tel. Carole 01621 869567

**Stoke Trister** 30 May  
Interfaith Service  
Mary Adams & Sarah Cox  
Tel. 077599 42110

### TRIPS, TOURS & VISITS

**Wiltshire** 1 May  
Beltaine Pilgrimage  
Stoneseecker Tours  
Tel. 0775 408 2691

**Woodhenge and Snail  
Down** 23 May  
Wyvern Dowsers  
[wds@wyverndowsing.freeserve.co.uk](mailto:wds@wyverndowsing.freeserve.co.uk)

**Wiltshire** 23 May  
Vale of the White Horse  
Stoneseecker Tours  
Tel. 0775 408 2691

**Northern France and the  
Carnac Stones** 23 May  
Megalithic Tours  
Tel. Neil 01772 728181

**Wiltshire** 27 May  
West Kennet Full Moon  
Celebration  
Stoneseecker Tours  
Tel. 0775 408 2691

**Wiltshire** 30 May  
Vale of the White Horse  
Stoneseecker Tours  
Tel. 0775 408 2691

## Book Review: Anchoring the Light Body on Earth.

By Nada Yolanda

Travel back two thousand years. Imagine yourself in the Upper Room, sitting at the feet of the Master, the resurrected Christ, Jesus of Nazareth. Bask in the radiance of his materialised presence. Hear his illuminating words, given then to a few disciples. Receive his inner teaching, the true meaning of his resurrection in to the light body, the spiritual or ascended form of his I Am Self.

So it is now. *Anchoring the Light Body on Earth* reveals the sacred wisdom that Christ Jesus imparts to all who are ready to follow his pattern in re-evolving in to cosmic consciousness; the information needed to understand and to prepare for, the demonstration of your own immortal, etheric fourth dimensional, resurrected light Body. Clear unparalleled guidelines on how to recognize and work with the immortal, resurrected, light body of the I Am Self, as demonstrated by Christ Jesus are presented and the book which is available from either Gazelle Book Services [www.gazellebookservices.co.uk](http://www.gazellebookservices.co.uk) or from the Mark-Age website: [www.thenewearth.org](http://www.thenewearth.org)

## Meditational Messages from the Mountain of Scrolls by Shakti Prem

*Bring forth your pearls so that I may adorn them in my palace of love, drink sweet nectar of the lotus flower and be as the river to the sea and join us all like silken threads around the earth, love heals.*

## Book Review: Rekindling the Waters: The Truth About Swimming With Dolphins.

By Leah Lemieux

If you have ever dreamed of swimming with dolphins in a sunny, tropical paradise this book is a must read. Every year many millions of people swarm to marine parks, aquariums and "Dolphin-Swim" attractions in various holiday destinations, unaware that by participating in this popular activity, they are supporting terrible suffering, something purposely kept hidden and secret from the public.

This sensitive, lyrical book serves as an intimate exposé, presenting rich and diverse evidence raising dynamic ethical questions and calls for change in the way we regard and treat these creatures. Essential reading for anyone who cares about dolphins, the oceans they live in and this planet we share, *Rekindling the Waters: The Truth About Swimming with Dolphins* reveals that by rekindling a wiser and more respectful relationship with dolphins and the living world around us, we can and shift the underlying attitudes responsible for our participation in such harmful activities and take a vital step forward toward a better and kinder world. For further information log on to [www.RekindlingTheWaters.com](http://www.RekindlingTheWaters.com)

To promote an event or submit a contribution to the newsletter email Robert Mulliss at [rmulliss@talktalk.net](mailto:rmulliss@talktalk.net) or log on to [www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)