



# Wessex Research Group Network *Newsletter*

VOLUME 6, ISSUE 4.

April 2011

**A**pril and a busy month ahead with all manner of events scheduled to take place.

The latest addition to the on-line article archive is *Plato's Atlantis* by Nigel Blair. The latest addition to the on-line digital lecture archive is *The Seven Rays of Consciousness* by Dr Michael Ibison.

## ***The History and Future of the Soul***

**By Ian Lawton**

2012. It's getting closer all the time. Are you scared? Or excited? Do you think something huge and scary is going to happen on Dec 21 next year, or do you sense that a positive energy shift has already been under way for some time, and is gathering pace?

Early last year I was fortunate enough to be involved in several sessions in which my friend and fellow regression therapist Janet Treloar channelled material from a diverse group of spirit entities who referred to themselves as 'the council'. A number of us had been striving for a way to understand the current energy shift that balanced being positive with remaining grounded, and nothing we'd come across before had really fitted that bill – until the council came through to us.

On the positive side they talked about the nature of the new earth experience that has been emerging for some time already, and that will be properly in place after a period of transition. The generally higher vibrations will bring many wonderful changes, including a return of energetic capabilities that haven't been in widespread use on earth for tens of thousands of years. Indeed many of you have probably noticed changes already, in yourselves and in others, perhaps also in the children around you.

On the more grounded side the council reported that this year will see the start of a series of major upheavals spread over a number of years – and we can hardly escape the fact that natural catastrophes are increasingly devastating various parts of our planet. For obvious reasons I avoided the temptation to ask exactly where and when they would take place. And in any case the overriding impression was that, while there is a general overall direction, in the detail everything remains fluid, and depends on our attitudes and reactions at every moment, both individually and collectively. That is why what *you* do, and even more your *thoughts* and *intentions*, really *do* matter.

But is there a positive side even to these upheavals? The answer is that, if we can learn to adopt a soul rather than human perspective, we can come to understand



*Above: The Souls Journey.* [www.rassouli.com](http://www.rassouli.com)

that all the souls on earth at present have incarnated knowing their purpose. For some that may mean an 'early exit', but even then they are using that as an energetic springboard to supreme new experiences in other planes. And we should always strive to remember that from a soul perspective there is no real suffering, only experience.

The council's messages are all contained in the short and simple *Future of the Soul*, and there are many other aspects to them. For example, the idea that the current shift marks the culmination of a 26,000 year energy cycle isn't new. But, when I investigated what happened at the high point in previous cycles, fascinating new insights into the so-called Golden Age, the fall, the flood, and even Atlantis and its downfall, started to emerge. Coupled with descriptions of the underlying spiritual dynamics involving deliberate, collective experiments with amnesia and life plans, this is immensely valuable material that provides a deeper context not found elsewhere.

Since then I've been engaged in further research into archaeological and geological evidence that might support the council's version of human history, and I wasn't disappointed. But I also discovered that a great many misconceptions about 2012 have unfortunately been impressed on our collective consciousness in recent years. For example, when you go back to the proper source material, the various Amerindian and Hindu world cycle traditions *aren't* consistent and *don't* feature the 26,000 cycle – unless you're impressed by groundless mathematical contortionism. What's more the end of the current 13-baktun cycle of the Mayan calendar is most likely an arbitrary date that has no more significance than the end of a century or millennium in our decimal system. *The History of the Soul*, a more in-depth study published late last year, contains all this and more. ***The History and Future of the Soul continues on Page 4.***

Sherborne & Yeovil  
Jan 01935 421161

Frome WRG  
Marina 01373 465848

Totnes  
Jeffrey 01803 868744

Glastonbury WRG  
Mike 01458 835620

Weymouth & Dorchester  
Roma 01305 816644

Yeovil Psychic Society  
[www.yeovilpsychics.org.uk](http://www.yeovilpsychics.org.uk)

Dorset Earth Mysteries  
Group  
[www.dorsetmysteries.org](http://www.dorsetmysteries.org)

School of Energy  
Healing Educational Trust  
[www.energyhealing.co.uk](http://www.energyhealing.co.uk)

New Dimensions  
Group Bristol  
Lea 01225 722963

Bristol Dowzers  
Lea 01225 722963

Joyous Isle workshops  
[www.joyousisle.com](http://www.joyousisle.com)  
[www.awarenesscentre.org.uk](http://www.awarenesscentre.org.uk)

[www.stoneseeker.net](http://www.stoneseeker.net)

[www.dragonseeker.co.uk](http://www.dragonseeker.co.uk)

Centre for Pure Sound  
Tel. 01935 389655

[www.londonearth.com](http://www.londonearth.com)

The Martinsey Isle Trust  
[www.martinsey.org.uk](http://www.martinsey.org.uk)

Natures Way, Exmoor  
Tel. 01984 640147

Hawkwood College  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)

Taunton Pagan Moot  
Tel. 01823 330585

[www.avalonrising.co.uk](http://www.avalonrising.co.uk)

[www.angellight.co.uk](http://www.angellight.co.uk)

Taunton Association for  
Psychodynamics (TAP)  
Tel. 01823 665798

[www.wccsg.com](http://www.wccsg.com)

[www.innerpotential.org](http://www.innerpotential.org)

[www.wrekinforum.org](http://www.wrekinforum.org)

Theosophical Society in  
Scotland

[www.findhorn.org](http://www.findhorn.org)

West Somerset Dowzers  
Tel. 01460 281450

[www.pierian-centre.com](http://www.pierian-centre.com)

## EVENTS

**Bulgaria** 1 April  
Reconnecting the Heart:  
A Spiritual Retreat in the  
Heart of Bulgaria  
[www.inspirationplus.net](http://www.inspirationplus.net)

**Grimsargh** 9 April  
Mysterious Earth Conference  
[www.megalithictours.com](http://www.megalithictours.com)

**London** 12 April  
Open Forum &  
Social Evening  
London Earth Mysteries  
Circle  
[lemc@operamail.com](mailto:lemc@operamail.com)

**Norwich** 13 April  
Spring Togethering  
Foundation for International  
Spiritual Unfoldment  
[www.fisu.org](http://www.fisu.org)

**Manchester** 15 April  
the Nature of Dreams. On  
the Threshold of Other  
Realities  
[www.scimednet.org](http://www.scimednet.org)

**London** 15 April  
College of Psychic Studies  
Open Evening  
[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)

**Glastonbury** 16 April  
Wessex Pagan Federation  
Conference and Masked Ball  
<http://pfwessex.org>

**Steyning** 16 April  
Holistic Fayre  
[www.anmarieholisticfayre.co.uk](http://www.anmarieholisticfayre.co.uk)

**Wimborne** 21 April  
Easter Yoga Retreat  
Gaunts House  
[www.gauntshouse.com](http://www.gauntshouse.com)

**Glastonbury** 22 April  
Day of Silence  
[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

**Canterbury** 22 April  
Magical Faerie Festival  
and Ball  
[www.magicalfestivals.co.uk](http://www.magicalfestivals.co.uk)

**Forres** 23 April  
Conscious Medicine  
Easter Conference  
[www.findhorn.org](http://www.findhorn.org)

**Glastonbury** 28 April  
Essene Retreat. Tree of Life  
[www.angellight.co.uk](http://www.angellight.co.uk)

**Glastonbury** 30 April  
Holistic & Earth Spirit Fayre  
[www.glastonburyfayres.co.uk](http://www.glastonburyfayres.co.uk)

## TALKS

**Axminster** 1 April  
Clairvoyance  
Ken Goulding & Janet Barton  
Tel. 01297 32331

**London** (CPS) 1 April  
Interactive Tarot Demonstration  
Avril Price  
Tel. 0207 589 3292

**London** (TS) 3 April  
the Ghost in the Machine  
Harold Tam  
Tel. 0207 563 9817

**Bournemouth PLG** 4 April  
Equine Assisted Psychotherapy  
Josephine Sellars  
Tel. Sue 01202 581898

**Bath PLG** 4 April  
Mother Mary an her Eight  
Principles of Enlightenment,  
Sacred Sound  
Ammaprema Grace &  
Solariel  
Tel. Jacqui 07868 890388

**Glastonbury WRG** 5 April  
the Secret Land  
Paul Broadhurst  
Tel. Mick 01458 835620

**Glastonbury PLG** 6 April  
Reconnective Healing  
Jane Duggleby  
Tel. 01458 833128

**Frome** 6 April  
Stepping Stones  
Towards Spirituality  
Matt Selley  
Tel. Marina 01373 465848

**DEMG at Stapehill** 7 April  
West Kennet Long Barrow.  
Landscape, Shaman  
and the Cosmos  
Peter Knight  
Tel. Dave 07977 144147

**London** (TS) 10 April  
Energy 4 Life. High Energy  
Conscious Living  
Shola Arewa  
Tel. 0207 563 9817

**Beaconsfield** 10 April  
Harmonic Healing with  
Sacred Sound  
Christian Kyriacou  
Tel. Susan 01494 813214

**London** (TS) 10 April  
the Etheric Brain.  
Implications for Evolution  
Clive Hambridge  
Tel. 0207 563 9817

**Bournemouth PLG** 11 Apr  
Spirit Response Therapy  
Barbara Scott Alexander  
Tel. Sue 01202 581898

**Bath PLG** 11 April  
Juicy Living  
Liz Josey  
Tel. Jacqui 07868 890388

**Wellington** 12 April  
Readings evening (Tarot,  
Oracle, Runic and Tea)  
Tel. Stephen 01823 330585

**Yeovil** 13 April  
A Demonstration of  
Trance Mediumship  
Angie Kruger & Richard  
Tel. John 01963 220306

**Weymouth &  
Dorchester** 13 April  
Death Roads, Spirit Paths  
and Fairy Trails  
Dave Shead  
Tel. Roma 01305 816644

**Glastonbury PLG** 13 April  
the Source. A Manual of  
Everyday Magic  
Ursula James  
Tel. 01458 833128

**London** (Forum) 14 April  
Mysteries of the Ancient  
Olmecs  
Hugh Newman  
Tel. 0208 671 5417

**London** 14 April  
Geosophy  
David Lowe  
Tel. 0870 766 9657

**Axminster** 15 April  
Death on a Fork and how  
to Avoid it  
Dr Gwynne Davies  
Tel. 01297 32331

**Bristol** 15 April  
Exploring Chartres Cathedral  
Prof. Peter Stewart  
Tel. Lea 01225 722963

**Bristol** 17 April  
Living in Harmony  
with your own Soul  
Dr Helen Ford  
Tel. Lea 01225 722963

**Woodshaw** 18 April  
Misericords  
Imogen Corrigan  
[wds@wyverndowsing.freeserve.co.uk](mailto:wds@wyverndowsing.freeserve.co.uk)

**Bath** 18 April  
Bath Story Telling Circle  
Tel. David 01225 482170

**Sherborne & Yeovil** 18 April  
the Avalon Circle  
David Hand  
Tel. Jan 01935 421161

**Bath PLG** 18 April  
Where is Astrology in the  
light of the technological and  
consciousness revolution of  
the last five decades?  
Steve Judd  
Tel. Jacqui 07868 890388

**Glastonbury PLG** 20 April  
the Power of Story to Ignite  
Jacqueline Redmond  
Tel. 01458 833128

**Reading** 21 April  
Escape from Darkness. An Introduction to a Course in Miracles  
Anna Powell  
[hello@inspired-events.com](mailto:hello@inspired-events.com)

**Axminster** 22 April  
Desperate Scholars and Renegades  
Geoff Stray  
Tel. 01297 32331

**Glastonbury PLG** 27 April  
Evolve Your Intuition  
Becky Walsh  
Tel. 01458 833128

**Yeovil** 27 April  
A Demonstration of Psychic Mediumship  
Kathy Hughes  
Tel. John 01963 220306

**London (RILKO)** 29 April  
Shaman, Megaliths and the City Builders. The Hidden Connection  
Lucy Wyatt  
Tel. 0208 977 4763

### WORKSHOPS & COURSES

**Iona** 2 April  
Islands of the Heart  
Roselle Angwin  
Tel. 01548 821004

**Bath PLG** 2 April  
How to Have a Good Day Every Day  
Dr Helen Ford  
Tel. Jacqui 07868 890388

**London (CPS)** 2 April  
Opening to Spirit  
Amanda Roberts  
Tel. 0207 589 3292

**Edmondsham** 2 April  
Creating Compelling Futures using NLP  
Dare to Dream  
Sarah Frossell  
Tel. Jackie 01202 885294

**Ilton** 2 April  
First Degree Reiki  
Margaret Merrison  
Tel. 01460 53699

**Axminster** 2 April  
Peace in your Life  
John Gloster Smith  
Tel. 01297 32331

**Sherborne** 3 April  
Overtone Circle  
Dean Carter  
Tel. Dean 01935 389655

**Ilton** 3 April  
Second Degree Reiki  
Margaret Merrison  
Tel. 01460 53699

**Axminster** 3 April  
Sing Sing Sing  
Lorrayn de Peyer  
Tel. 01297 32331

**Bournemouth** 5 April  
Reiki Share  
Bourne Reiki  
Tel. Karen 08456 808 467

**Bristol** 6 April  
Drumming for Fun and Relaxation  
Simon Carver  
Tel. 0117 9244512

**Wimborne** 7 April  
Meditation Weekend  
School of Meditation  
Tel. 01202 841522

**Cattistock** 8 April  
the Mythic Imagination and Neoplatonic Philosophy. The Vision  
Merrily Harpou  
Tel. 01300 320064

**Forres** 9 April  
Spiritual Practice: Nature  
Katharina Brocke  
Tel. 01309 690311

**Dublin** 9 April  
Journey Intensive  
Brandon Bays  
Tel. Megan 01656 890400

**Axminster** 9 April  
A Day of Circles  
Mark de Ville  
Tel. 01297 32331

**Swansea** 9 April  
Master Your Mediumship Weekend  
Stephen o'Brien  
Tel. 01792 466467

**Bournemouth** 9 April  
Reiki II  
Bourne Reiki  
Tel. Karen 08456 808 467

**London (CPS)** 9 April  
Grow Your Soul  
Ian Lawton  
Tel. 0207 589 3292

**Stroud** 10 April  
Enchanting the Land. Turning to the Heart of Nature  
Susan Elizabeth Hale  
Tel. 01453 759034

**East Sussex** 10 April  
Multi Dimensionality  
White Elk Woman & Rhian Crystal Priestess  
Tel. 07546 598582

**Dublin** 11 April  
Journey: Advanced skills  
Debs  
Tel. Megan 01656 890400

**St Leonards** 15-18 April  
Advanced Healing  
Spirit Surgery  
Mick Smith and Peter  
Tel. 01424 729518

**Axminster** 16 April  
Kabbalah Soul Journey  
Philip Clouts  
Tel. 01297 32331

**Ellingham** 16 April  
Relief from Back Pain and Stiffness  
Tim Swanson  
Tel. Jackie 01202 885294

**Wimborne** 16 April  
Grow Your Own Soul  
Ian Lawton  
Tel. 01202 841522

**Wimborne** 17 April  
the Future of the Soul  
Ian Lawton  
Tel. 01202 841522

**Bristol** 17 April  
the Healing Power of Vocal Sound  
James D' Angelo  
Tel. 0117 9244512

**Oborne** 17 April  
Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Dublin** 17 April  
Journey Intensive  
Brandon Bays  
Tel. Megan 01656 890400

Mixco Veijo  
(Guatemala) 18 Apr  
Full Moon Sacred Site Ceremony  
Grand Mayan Itza Council  
[yokhahmaya@hotmail.com](mailto:yokhahmaya@hotmail.com)

**Dublin** 19 April  
Journey: Advanced skills  
Debs  
Tel. Megan 01656 890400

**Glastonbury** 22 April  
Way of the Heart (level 2)  
Openhand Foundation  
Tel. 01458 830443

**Glastonbury** 23 April  
the Template: Sacred Geometry Activation  
Claudie Planche  
Tel. Claudie 01458 835506

**Avebury** 23 April  
Divining Avebury's Ritual Landscape  
Maria Wheatley  
Tel. 07546 598582

[www.Mindspiritnetwork.com](http://www.Mindspiritnetwork.com)

Bath Storytelling Circle.  
Tel. 01225 482170

the London Forum.  
[www.londoncircles.net](http://www.londoncircles.net)

Bournemouth PLG  
[www.powerofpositiveliving.com](http://www.powerofpositiveliving.com)

[www.body-spirit.co.uk](http://www.body-spirit.co.uk)

[www.fire-in-the-head.co.uk](http://www.fire-in-the-head.co.uk)

[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

[www.unicorncentre.co.uk](http://www.unicorncentre.co.uk)

[Mysticklight.com](http://Mysticklight.com)

[www.thamesvalleydowers.org.uk](http://www.thamesvalleydowers.org.uk)

[www.libraryofavalon.org.uk](http://www.libraryofavalon.org.uk)

Glastonbury PLG  
[www.positivelivinggroups.co.uk](http://www.positivelivinggroups.co.uk)

[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)

[www.fisu.org/en](http://www.fisu.org/en)

[www.theantiquariansociety.com](http://www.theantiquariansociety.com)

[www.Loveandlight.co.uk](http://www.Loveandlight.co.uk)

[www.hospiceoftheheart.org](http://www.hospiceoftheheart.org)

[www.openhandweb.org](http://www.openhandweb.org)

[www.stargaia.com](http://www.stargaia.com)

[www.white-elk-woman.com](http://www.white-elk-woman.com)

[www.thehouseoflife.co.uk](http://www.thehouseoflife.co.uk)

R.I.L.K.O.  
<http://members.aol.com/rilko/>

[www.Psychic-Sanctum.co.uk](http://www.Psychic-Sanctum.co.uk)

[www.Enneagram-uk.com](http://www.Enneagram-uk.com)

[www.sacredconnections.co.uk](http://www.sacredconnections.co.uk)

[www.revolutionof2012.net](http://www.revolutionof2012.net)

[www.networkoflight.org](http://www.networkoflight.org)

[www.megalithictours.com](http://www.megalithictours.com)

[www.saahera-centre.org](http://www.saahera-centre.org)

[www.gauntshouse.com](http://www.gauntshouse.com)

[www.educationaid.net](http://www.educationaid.net)

Sea Spirit Centre  
<http://spiritual-courses.co.uk>

[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)

[www.wyverndowsing@freeserve.co.uk](http://www.wyverndowsing@freeserve.co.uk)

[www.brlsi.org](http://www.brlsi.org)

[www.kabbalahcentres.com](http://www.kabbalahcentres.com)

[www.insearchofthesacred.com](http://www.insearchofthesacred.com)

[www.valehealing.co.uk](http://www.valehealing.co.uk)

Fountain Group  
[embraceyourself@ymail.com](mailto:embraceyourself@ymail.com)



**Yeovil** 23 April  
Disciples of Experience Day  
Clint Denyer  
Tel. 07546 598582

**DEMG at Stapehill** 26 April  
Soundbath  
Dean Carter  
Tel. Dave 07977 144147

**Glastonbury** 27 April  
Well Dressing  
Chalice Well  
Tel. 01458 831154

**Tadley** 28 April  
Emotional Freedom Technique  
Level 1  
Barbara Saph  
Tel. 0783 3164615

**Fife** 30 April  
Knowing we Will Die How  
Should We Live?  
David Lorimer &  
Dr Peter Fenwick  
Tel. 01333 340490

**Forres** 30 April  
Celtic Journeys of  
Mysticism  
Peter Vallance &  
Sue Clutterbuck  
Tel. 01309 690311

**Bristol** 30 April  
Journey through the  
Chakras  
Claire Russell  
Tel. 0117 9244512

**E. Woodlands** 30 April  
Beltane Celebration.  
Dances of Universal Peace  
Tel. Rasullah 01749 850474

### LIGHTWORKER GROUPS

**Global Meditation Event**  
1 April 9pm  
[www.networkoflight.org](http://www.networkoflight.org)

**Bournemouth** Tues / Weds  
Channelling & Meditation  
Tel. Gary 01202 418291

**Weymouth** Thursday (eves)  
/ Friday (mornings)  
Lightworker Development  
Tel. Tricia 01305 784348

**E. Woodlands** 11 April  
Healing from the Heart  
Tel. Marina 01373 465848

**Thakeham** 15 April  
Meditation Evening  
[Justine@angeldivinity.com](mailto:Justine@angeldivinity.com)

### TRIPS, TOURS & VISITS

**Isle of Man** 1 April  
Mysterious Isle of Man  
Megalithic Tours  
Tel. Neil 01772 728181

**Liskeard** 9 April  
Hurlers Stone Circle Trip  
West Somerset Dowzers  
Tel. 01460 281450

**West Kennet** 17 April  
West Kennet Full Moon  
Celebration  
Peter Knight  
Tel. 01249 823287

**Stonehenge, Avebury &  
Glastonbury** 22 April  
Megalithic Tours  
Tel. Neil 01772 728181

**Snail Down and Rushall  
Church** 24 April  
Wyvern Dowzers  
[wds@wyverndowsing.freeserve.co.uk](mailto:wds@wyverndowsing.freeserve.co.uk)

**Avebury** 25 April  
Avebury Tour  
Peter Knight  
Tel. 01249 823287

## The History and Future of the Soul (continued)

By Ian Lawton

To sum up, it seems likely that our relatively recent focus on 21 Dec 2012 is just one of those wonderful ways the universe has of prompting us to concentrate on the magnificent changes we're all engaged in producing, even though the date itself may be relatively meaningless. It's also clear that the energetic shifts brought about at the high points of the 26,000 year cycle are *not* all about *one* day in *one* year, but instead represent an ongoing and dynamic process. Yet that is not in any way to belittle what is going on. The council tell us that the focus of the entire universe is currently trained on our tiny little planet, to see what will happen this time round.

So perhaps we would do well to stop being so fascinated by dates and alignments and all the more prosaic things with which our human minds love to preoccupy themselves. Instead we might simply focus our energies and intentions, both individually and collectively, on creating the new, more loving, more vibrant world we all desire. And the best way to do that is actually to forget the future. Instead, in every moment we should strive to keep coming from the heart not the head, keep choosing love over fear, and keep flowing with change rather than resisting it.

*For those of you who prefer discussion to reading, Ian is running a series of one-day workshops every month at Gaunts House, near Wimborne in Dorset, and at The College of Psychic Studies in London. The Future of the Soul workshop' includes interactive group discussions on all the topics above. 'Grow Your Own Soul', covers the evidence for soul survival and reincarnation, the interlife, experience versus illusion and the idea of the holographic soul, practical advice about what all this means for our everyday lives. For further information about the workshops log on to [www.ianlawton.com](http://www.ianlawton.com)*

## Book Review: West Kennet Long Barrow. Landscape, Shamans and the Cosmos.

By Peter Knight

This book presents a comprehensive guide to West Kennet long barrow, and the surrounding landscape based on the research of the author who has investigated all aspects of this Neolithic wonder; from including sacred sound, the psychic and paranormal, landscape and astronomical alignments, symbolism, earth energies and dowsing.

Peter demonstrates how the sun penetrates some of the chambers, such as the South Eastern chamber at summer solstice. He also illustrates how Orion, Sirius and other stars were aligned with the barrow and its chambers. The Neolithic shamans here were connected with the heavens as much as they were the land.



The site was never just a tomb, and it is very much 'open for business' today! West Kennet long barrow can help us all create a closer, more spiritual link with the landscape we inhabit.

The book is illustrated with photos, plans, diagrams, and maps. For further information log on to [www.stoneseeker.net](http://www.stoneseeker.net)

To promote an event or submit a contribution to the newsletter email Robert at [newsletter@wessexresearchgroup.org](mailto:newsletter@wessexresearchgroup.org) or log on to [www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)