



# Wessex Research Group Network *Newsletter*

VOLUME 8, ISSUE 2.

February 2013

**F**ebruary 2013, the month in which we welcome the Broadstone & Poole Positive Living Group [www.positivelivinggroups.org.uk/broadstone&pooleplg.html](http://www.positivelivinggroups.org.uk/broadstone&pooleplg.html) and Claire Whiles Wellbeing [www.clairewhiles.co.uk](http://www.clairewhiles.co.uk) to the Wessex Research Group Network.

The Weymouth and Dorchester WRG group has moved to a new venue at Weymouth Fire Station. For further information email Roma [spiraloftranquility.roma@virgin.net](mailto:spiraloftranquility.roma@virgin.net)

## ***Planting Seeds for Transformation***

**By Christan Hummel**

We are living in the middle of history in the making, the death of the old archaic political and economic systems, and a rebirth of one more reflective of the new consciousness expressing on the planet at this time.

As any student of history knows, all revolutions start with a key group who first "ignite" the spark in the realm of ideas. These ideas, like seeds, take root in the minds of men and women. They begin to change the way we look at the world, getting people to start to question what they have taken for granted for most of their lives. This power of a thought whose time has come, is what has preceded every revolution in the planet's history.

What is often overlooked, though, is that while a change in the actions and structures of a society all begin with that first revolutionary thought, all thought is preceded by consciousness: any change in the actions and events which occur on the physical plane, must first be preceded by a change in the thoughts that prompt it; but to shift those thoughts, one must first transform or shift consciousness. To shift consciousness, the grids, or matrix, which sustain that consciousness, or paradigm, must first be transformed.

It is for this reason that political leaders for thousands of years have tried to possess, own, and control the major nexus points of these grids. The earth is surrounded by this hidden matrix, or grid, of consciousness. It is this matrix which contains and defines any expression or system of political, economic, or governmental concept. For these outer systems to change, the consciousness grids that support and sustain them must first change.

For instance, our current economic models on the planet are based upon a certain consciousness, or way of understanding their reality which is based primarily in the root and solar plexus chakras. As such, this reality—this level of consciousness—is oriented around concepts of greed, win/loss paradigms, fixed-pie scenarios, and power/control/separation. No matter what country or political regime, the same consciousness underlies all of the existing economic models. Under this model, in order for one person or



country to "win," another must "lose." Such a model determines the political action and agents, which in turn determine the rights, liberties, and livelihood of individuals.

Abundance is the true nature of the Universe; yet most of the planet is living in this artificially constructed grid of scarcity, greed, and fear and the wars, crime, and violence that consciousness engenders. These energies are subsequently carried through the grid lines, or the meridians of the planet. By shifting the energies of this planetary grid matrix, the consciousness reflected in it is also shifted, allowing for new possibilities to emerge, ones more consistent with the higher realms which the Earth is entering into. When humanity is able to shift from the solar plexus orientation of *I, me, mine*, to the heart chakra orientation where universal love is the currency that flows between us, then the new economic models will be able to emerge on the planet.

This is a key time on the planet for new economic perspectives to flourish. To do so, there needs to be a fertile space to receive the seed of new and revolutionary ideas. It is time for a new idea to be born, and the Earth grids are where such ideas first take root before manifesting into action and ultimately new systems. By working with the guiding spirit of these grid points and ley lines in key areas of the planet which hold a part of the economic paradigm for the planet, we offer Spirit an opportunity to plant in the matrix those new seeds of thought where they can sprout into action and new economic models of right living.

*Christan Hummel, a pioneer in earth energies exploration, has established a grassroots network throughout the world focused on planting new seeds of consciousness in the Earth grid through our actions and thoughts. Her website is [www.earthtransitions.com](http://www.earthtransitions.com)*

Sherborne & Yeovil  
Jennie 01935 817685  
Frome WRG  
Marina 01373 465848  
Totnes Astrology Group  
David 01803 867145  
Glastonbury WRG  
Mike 01458 835620  
Weymouth & Dorchester  
Roma 01305 816644  
Yeovil Psychic Society  
[www.yeovilpsychics.org.uk](http://www.yeovilpsychics.org.uk)  
[www.dorsetmysteries.org](http://www.dorsetmysteries.org)  
School of Energy  
Healing Educational Trust  
[www.energyhealing.co.uk](http://www.energyhealing.co.uk)  
New Dimensions  
Group Bristol  
Lea 01749 678834  
Bristol Dowisers  
Lea 01749 678834  
Joyous Isle workshops  
[www.joyousisle.com](http://www.joyousisle.com)  
[www.awarenesscentre.org.uk](http://www.awarenesscentre.org.uk)  
[www.stoneseeker.net](http://www.stoneseeker.net)  
[www.dragonseeker.co.uk](http://www.dragonseeker.co.uk)  
Centre for Pure Sound  
Tel. 01935 389655  
[www.londonearth.com](http://www.londonearth.com)  
The Martinsey Isle Trust  
[www.martinsey.org.uk](http://www.martinsey.org.uk)  
Hawkwood College  
[www.hawkwoodcollege.co.uk](http://www.hawkwoodcollege.co.uk)  
Wellington Pagan Moot  
Tel. 01823 665868  
[www.angellight.co.uk](http://www.angellight.co.uk)  
Taunton Association for  
Psychodynamics (TAP)  
Tel. 01823 665798  
[www.wccsg.com](http://www.wccsg.com)  
[www.innerpotential.org](http://www.innerpotential.org)  
[www.wrekinforum.org](http://www.wrekinforum.org)  
Theosophical Society in Scotland  
[www.findhorn.org](http://www.findhorn.org)  
West Somerset Dowisers  
Tel. 01460 281450  
[www.theswa.org.uk](http://www.theswa.org.uk)  
[www.unicorn-at-rainbows-end.org](http://www.unicorn-at-rainbows-end.org)  
Totnes WRG  
Jeffrey 01803 866349  
[www.angelmagic.biz](http://www.angelmagic.biz)  
Aquarian Age Community  
[www.aquaac.org](http://www.aquaac.org)

## EVENTS

**Glastonbury** 1 Feb  
First Stirring Celebration  
[www.chalicewell.org.uk](http://www.chalicewell.org.uk)  
**Davidstow** 8 Feb  
Rejuvenation Retreat  
[www.treworrahealingcentre.com](http://www.treworrahealingcentre.com)  
**Radstock** 15 Feb  
Lent Retreat  
the Courage to Grow  
[www.ammerdown.org](http://www.ammerdown.org)  
**Wanstead** 17 Feb  
Angels Hearts and Gifts Day  
[www.angellight.co.uk](http://www.angellight.co.uk)

## TALKS

**London (CPS)** 1 Feb  
an Evening of Angelic Readings  
Amanda Roberts  
Tel. 0207 589 3292  
**Bath PLG** 4 Feb  
Reclaiming the Sacred through  
Authentic Ceremony  
Claire Russell  
[bath.plg@gmail.com](mailto:bath.plg@gmail.com)  
**Bournemouth PLG** 4 Feb  
Connecting as One  
Simon Rowe  
Tel. Sue 01202 581898  
**Broadstone** 5 Feb  
Touch for Health  
Alison Todd  
Tel. Noel 07504 633 985  
**Frome** 6 Feb  
Ring Quest II  
What Came After  
Cassie Martin & Caroline Milton  
Tel. Marina 01373 465848  
**Glastonbury PLG** 6 Feb  
the Transformational  
Power of the Breath  
Julie Ann Horrox  
Tel. Kath 01749 671483  
**Glastonbury** 6 Feb  
Meeting of the Pagan Moot  
Tel. Tim 07747 897 621  
**Staplehill** 7 Feb  
Stonehenge Landscape  
Uncovered (dowsing  
archaeological sites)  
Don Bryan  
Tel. Dave 07977 144147  
**Weeley** 9 Feb  
Discovering Angels  
Chrissie Astell  
[chrissie@angellight.co.uk](mailto:chrissie@angellight.co.uk)  
**London (TS)** 10 Feb  
Remote Viewing of  
Distant Events  
in Science, Espionage  
and the Occult  
Michael Gwyn Hocking  
Tel. 0207 563 9817  
**Bournemouth PLG** 11 Feb  
Unconditional Love  
Wendy Harrington  
Tel. Sue 01202 581898  
**Wellington** 12 Feb  
Three Viking Women  
Val Bannister  
Tel. 01823 665868  
**London (CPS)** 12 Feb  
the Art of Cierology  
(Hand Reading)  
Davina MacKail  
Tel. 0207 589 3292  
**Glastonbury PLG** 13 Feb  
Evening of Clairvoyance  
Jenny Ann  
Tel. Kath 01749 671483  
**Lymington PLG** 13 Feb  
Raw Chocolate Dreaming  
Angus Miller  
Tel. Jude 07717 650773  
**Weymouth  
& Dorchester** 13 Feb  
the Wheel of the Year  
Roma & Agatha  
Tel. Claire 07879 625517  
**Yeovil** 13 Feb  
Evening of Mediumship  
Peter Dean & Sue Bowden  
Tel. 01963 220306  
**Taunton** 15 Feb  
Ecological Individuation  
Mary Jane Rust  
Tel. 01823 663215  
**London (CPS)** 15 Feb  
Sonic Journeys into Divine Light  
Amanda Kent  
Tel. 0207 589 3292  
**Weymouth** 15 Feb  
Dowsing for Food Sensitivities  
Weyport Dowisers  
Tel. Claire 07879 625517  
**London (Forum)** 15 Feb  
Living a Passionate  
Life Presenter  
JP Morgan Jr  
Tel. 0208 671 5417  
**Kingsbridge** 16 Feb  
Saturn in Scorpio  
and the Illusion of Death  
David Matthews  
Tel. 01803 867145  
**London (TS)** 17 Feb  
Rediscovering the Light  
of Our Soul  
Dr Sue Jamieson  
Tel. 0207 563 9817  
**Bristol** 17 Feb  
Detox and Improve Your Health  
Caroline Nettle  
Tel. Lea 01749 678834  
**Bournemouth PLG** 18 Feb  
the Lotus Seed Process  
Geoff Sober  
Tel. Sue 01202 581898

**Bath** 18 Feb  
Bath Storytelling Circle  
Tel. David 01225 482170  
**Woodshaw** 18 Feb  
Remote Viewing and the Hitch  
Hikers Guide to the Galaxy  
Bea Menier  
[www.wyverndowsing.freereserve.co.uk](http://www.wyverndowsing.freereserve.co.uk)  
**Glastonbury WRG** 19 Feb  
the Nephilim at the  
End of the World  
Hugh Le Provost  
Tel. Mick 01458 835620  
**London (TS)** 24 Feb  
the Drama of Duality  
in the Tarot and Shakespeare  
Clemens Brenan  
Tel. 0207 563 9817  
**Broadstone** 19 Feb  
Songs from the Heart  
Victor Checuti  
Tel. Noel 07504 633 985  
**London** 21 Feb  
London Earthstar  
Chris Street  
Tel. Marion 0870 766 9657  
**London (RILKO)** 22 Feb  
the Blessed Isles of Britain  
Sarah Dawkins  
Tel. Rob 0845 2260531  
**Sherborne** 25 Feb  
Homeopathy  
Dr Tim Robinson  
Tel. Jennie 01935 817685  
**Bournemouth PLG** 25 Feb  
Live Pain Free  
John Carter  
Tel. Sue 01202 581898  
**Lymington PLG** 27 Feb  
the New Ages of Men  
Nick Clements  
Tel. Jude 07717 650773  
**Glastonbury PLG** 27 Feb  
Fun, Food and Friends  
Diana Romrig  
Tel. Kath 01749 671483  
**Yeovil** 27 Feb  
Clairvoyance  
Jan Harris  
Tel. 01963 220306  
**London** 28 Feb  
Light Quest  
Andrew Collins  
Tel. Marion 0870 766 9657

## WORKSHOPS & COURSES

**Wimborne** 1 Feb  
Mirror of the Heart  
Jan Day  
Tel. 01202 841522  
**Stoke Trister** 2 Feb  
Intuitive Massage  
and Energy Awareness  
Jan Trewartha  
Tel. 07759942110

**London (CPS) 2 Feb**  
Psychic Flow Yoga  
Emma Toynbee  
Tel. 0207 589 3292

**Forres 2 Feb**  
Sprinklings of Light  
Spring Cleaning at the Park  
Findhorn Foundation  
Tel. 01309 690311

**Oborne 3 Feb**  
Healing Voice Circle  
Dean Carter  
Tel. Dean 01935 389655

**London (CPS) 3 Feb**  
Tarot the Major Arcana  
Avril Price  
Tel. 0207 589 3292

**Stoke Trister 3 Feb**  
MOT for the Mind,  
Body and Soul  
Mary Adams  
Tel. 07759942110

**London (CPS) 3 Feb**  
Getting to Know Your Guides  
Amanda Roberts  
Tel. 0207 589 3292

**Glastonbury 8 Feb**  
A Ripple in the Stillness  
Women's Retreat  
Mirella Zampi Lawrence  
and Amanda  
Tel. 01458 831154

**London (CPS) 9 Feb**  
Dowsing part 3  
Working with Unseen Energies  
Christopher Strong  
Tel. 0207 589 3292

**Weeley 9 Feb**  
Discovering Angels  
Chrissie Astell  
[chrissie@angellight.co.uk](mailto:chrissie@angellight.co.uk)

**London (CPS) 10 Feb**  
Spirit Awareness  
and Psychic Protection  
Juanita Puddifoot  
Tel. 0207 589 3292

**West Yelland 10 Feb**  
Getting to the Heart  
of the Matter  
Experience Day  
Valerie Coburn  
Tel. 01271 860317

**London (CPS) 10 Feb**  
Anatomy and Physiology  
for Healers  
Doe Warnes  
Tel. 0207 589 3292

**Middle Piccadilly 15 Feb**  
Healing and the Shamanic Arts  
Keys to Self Knowledge  
Elaina Harvey &  
Seersha O' Sullivan  
Tel. 01963 23468

**London (CPS) 16 Feb**  
the Fundamentals of Psychic  
Development  
Sharry Clark  
Tel. 0207 589 3292

**Milford on Sea 17 Feb**  
the Gift of Sound  
Vocal and Tibetan Bowls  
Tel. Lorna 01590 642994

**London (CPS) 17 Feb**  
Archangel Michael  
the Dream Team Part 1  
Amanda Roberts  
Tel. 0207 589 3292

**London (TS) 17 Feb**  
Access Your Inner Light  
Dr Sue Jamieson  
Tel. 0207 563 9817

**Stroud 20 Feb**  
Future Self Now  
Theresa Sansome  
Tel. 01453 759034

**Glastonbury 22 Feb**  
Understanding Physical  
and Psychic Abuse  
Natasa Babnik  
and Edward Sharp  
Tel. 01458 831154

**Bristol 23 Feb**  
Dowsing for Past Life  
and Ancestors  
Chris Strong  
Tel. Lea 01749 678834

**Stroud 23 Feb**  
The Four Elements  
in Astrology  
Cat Cox  
Tel. 01453 759034

**Radstock 23 Feb**  
Zazankai a Day  
of Zen Practice  
Mark Scholefield &  
Stephen Crowther  
Tel. 01761 433094

**Forres 23 Feb**  
Exploring Elderhood  
Alan Heeks &  
Ineke Vollebregt  
Tel. 01309 690311

**Berlin 23 Feb**  
Five Gateways  
Activation (level 1)  
Chris Bourne  
Tel. 01458 830443

**Stroud 24 Feb**  
Soul Talk  
A New Way to Relate  
Jay Ramsey  
Tel. 01453 759034

**London (CPS) 24 Feb**  
Tibetan Singing Bowl Healing  
Aura Sound Bath  
Rebekah Arthurs  
Tel. 0207 589 3292

**Oborne 24 Feb**  
Divine Union Soundbath  
Dean Carter  
Tel. Dean 01935 389655

**Weymouth 26 Feb**  
Drumming Circle  
Tony  
Tel. Claire 07879 625517

**Wimborne 28 Feb**  
Past Life Regression  
Andy Tomlinson  
Tel. 01202 841522

### LIGHTWORKER GROUPS

**Global Meditation Event**  
1 Feb 9pm  
[www.networkoflight.org](http://www.networkoflight.org)

**Weymouth (1<sup>st</sup> wed of month)**  
Spiritual Discussion Group  
Tel. Claire 07879 625517

**Ringwood (weds)**  
Yoga & Meditation  
Tel. 07976547606

**Totnes (fridays)**  
Astrology Group Meeting  
Tel. David 01803 867145

**Chelmsford (tuesdays)**  
Inspire Your Soul Evening  
Tel. 01245 361274

**Shepton Mallet (saturdays)**  
Quan Yin and El Morya  
2012 Study Group  
Tel. Andrew 01749 346744

**Sturminster Newton**  
Safe Journey Resource  
and Drop in Centre  
Martinsey Isle Trust  
Tel. Judith 01258 475125

**Bournemouth (tuesdays)**  
Channelling & Meditation  
Tel. Gary 01202 418291

**Weymouth (thurs / friday)**  
Lightworker Development  
Tel. Tricia 01305 784348

### TRIPS, TOURS & VISITS

**Derbyshire 2 Feb**  
Ancient Sites Tour  
Megalithic Tours  
Tel 01772 728181

**Lancashire 16 Feb**  
Vale of Eden  
Megalithic Tours  
Tel 01772 728181

**Glastonbury 24 Feb**  
Dowsing the Abbey Grounds  
West Somerset Dowsers  
Tel 01460 281450

**Little Somerford 24 Feb**  
Modern Stone Circle  
and Labyrinth  
Wyvern Dowsers  
[www.wyverndowsing.freeserve.co.uk](http://www.wyverndowsing.freeserve.co.uk)

## Wessex Research Group Network

[www.Mindspiritnetwork.com](http://www.Mindspiritnetwork.com)

Bath Storytelling Circle.  
Tel. 01225 482170

the London Forum.

[www.londoncircles.net](http://www.londoncircles.net)

Bournemouth PLG

[www.powerofpositiveliving.com](http://www.powerofpositiveliving.com)

[www.body-spirit.co.uk](http://www.body-spirit.co.uk)

[www.fire-in-the-head.co.uk](http://www.fire-in-the-head.co.uk)

[www.chalicewell.org.uk](http://www.chalicewell.org.uk)

[www.unicorncentre.co.uk](http://www.unicorncentre.co.uk)

[www.mysticklight.com](http://www.mysticklight.com)

[www.thamesvalleydowsers.org.uk](http://www.thamesvalleydowsers.org.uk)

[www.libraryofavalon.org.uk](http://www.libraryofavalon.org.uk)

Bath PLG

Glastonbury PLG

Lymington PLG

Shaftesbury PLG

[www.positivelivinggroups.org.uk](http://www.positivelivinggroups.org.uk)

[www.theosophical-society.org.uk](http://www.theosophical-society.org.uk)

[www.fisu.org/en](http://www.fisu.org/en)

[www.Loveandlight.co.uk](http://www.Loveandlight.co.uk)

[www.hospiceoftheheart.org](http://www.hospiceoftheheart.org)

[www.openhandweb.org](http://www.openhandweb.org)

[www.stargaia.com](http://www.stargaia.com)

[www.white-elk-woman.com](http://www.white-elk-woman.com)

[www.RILKO.net](http://www.RILKO.net)

[www.Psychic-Sanctum.co.uk](http://www.Psychic-Sanctum.co.uk)

[www.Enneagram-uk.com](http://www.Enneagram-uk.com)

[www.sacredconnections.co.uk](http://www.sacredconnections.co.uk)

[www.revolutionof2012.net](http://www.revolutionof2012.net)

[www.networkoflight.org](http://www.networkoflight.org)

[www.megalithictours.com](http://www.megalithictours.com)

[www.westsomersetdowsers.org](http://www.westsomersetdowsers.org)

[www.gauntshouse.com](http://www.gauntshouse.com)

[www.educationaid.net](http://www.educationaid.net)

Sea Spirit Centre

[http://spiritual-courses.co.uk](http://http://spiritual-courses.co.uk)

[www.collegeofpsychicstudies.co.uk](http://www.collegeofpsychicstudies.co.uk)

[www.wyverndowsing@freeserve.co.uk](http://www.wyverndowsing@freeserve.co.uk)

[www.brslsi.org](http://www.brslsi.org)

[www.valehealing.co.uk](http://www.valehealing.co.uk)

[www.energeticsolutions.co.uk](http://www.energeticsolutions.co.uk)

[www.kabbalahcentres.com](http://www.kabbalahcentres.com)

Totnes Astrology Group

[www.clairwhiles.co.uk](http://www.clairwhiles.co.uk)



## More to Death

### By Rosie Inman Cook

A Winchester charity, whose taboo and un-sexy area of expertise is death, has just published a ground breaking and extraordinary free e-zine.

Launched in January 'More to death' has thought provoking articles exploring the new trend of pop up death cafes, the recycling of nutrients from the human body, direct and natural cremation, body donation, and the possible pitfalls and abuses to be cautious of when arranging a funeral and choosing an undertaker.

More to Death is the free official magazine of the Natural Death Centre a charity which has fought and campaigned for the last 22 years to change the British way of death.

The Charity operates a national helpline from Twyford, and publishes the Natural Death Handbook which is now in its 5th edition having expanded to a boxed set of three books. It now covers everything from getting your affairs in order, living wills, to nursing someone at home, arranging a DIY funeral, how to avoid getting ripped off and to find the right undertaker. It also has a beautifully written collection of 17 essays by great modern thinkers in the field of death and dying.

The Charity's other project, is the Association of Natural Burial Grounds that scrutinises and encourages the expansion of eco burial sites across the UK and abroad.

Below is the link to the magazine, a good taster of the usually hidden world of death and bereavement NDC style. [www.naturaldeath.org.uk](http://www.naturaldeath.org.uk)

## Book Review: Anchoring the Light Body on Earth

### By Nada Yolanda

Travel back in time two thousand years. Imagine yourself in the Upper Room, sitting at the feet of the Master, the resurrected Christ, Jesus of Nazareth. Bask in the radiance of his materialized presence. Hear his illuminating words, given then to a few disciples. Receive his inner teaching, the true meaning of his resurrection into the light body, the spiritual or ascended form of his I Am Self.

*So it is now.* *Anchoring the Light Body on Earth* reveals the sacred wisdom that Christ Jesus imparts to all who are ready to follow his pattern in re-evolving into cosmic consciousness. Herein are the keys you need to understand, and to prepare for, the demonstration of your own immortal, etheric, fourth dimensional, resurrected, light body.

The time is ripe. In these Latter Days, light workers throughout the planet are undergoing a spiritual regeneration that will lead all mankind into the fourth dimension, a new heaven on a new Earth.

We are preparing the force field for the re-descent of our planetary way shower, Sananda, in his light body as Christ Jesus. Co-partners in the Second Coming, we are

called to anchor our light bodies on Earth in order to lift mass consciousness for this prophesied event. As we ascend, Sananda descends.

In the Upper Room of your consciousness, the resurrected Christ, your own I Am presence, awaits you. Seated at the feet of the Master — and at the feet of all ascended beings ready to instruct you — open your mind and heart to the adventure of a lifetime: *anchoring your light body on Earth!*

This book presents an unparalleled primer for understanding the nature and function of our fourth dimensional, immortal, resurrected form through which we express fully our Christ powers and talents as children of Father-Mother God. No other guidebook offers such a clear and succinct teaching on the light body. It provides important historical context, as well as guidelines on how to recognize and to work with light-body contact. Six chapters also contain helpful visualizations and questions for all truth seekers. For further information about this book log on to [www.thenewearth.org](http://www.thenewearth.org)

## Book Review: Nature Spirits, the Remembrance. A Guide to the Elemental Kingdom

### By Susan Raven

In this lucid, step-by-step guide, Susan Raven introduces us to the world of nature spirits and elemental beings, and explains why these entities wish to reconnect with us. By working together with the elementals - which reside in earth, water, air and fire - we can become responsible co-creators at this critical time in our evolution. The future of humanity, and that of the Earth, may be dependent upon such a positive and reciprocal relationship.

Susan investigates the nature of the accelerated, evolutionary wave of consciousness pulsing into Earth at the present time, and how its effects are helping us forge a new link with the spiritual and etheric worlds. It is in the ether - where the dissolving and coalescing forces behind physical matter exist - that we find the kingdom of the nature spirits. Making use of her personal experiences, Susan describes the activities of these beings in the landscape, in plants and in human beings. She presents meditations and exercises to prepare us for a meeting with the nature spirits, and emphasises the importance of working with the elemental kingdom in our immediate environment.

The path of personal development outlined in *Nature Spirits: The Remembrance* features a wide range of insightful testimony from some of the most well-respected seers, with particular emphasis on the work of Rudolf Steiner. For further information contact publisher Sevak Gulbekian. T. 01342 824000; E. [sevak@clairviewbooks.com](mailto:sevak@clairviewbooks.com)

*To promote an event or submit a contribution to the newsletter email Robert at [newsletter@wessexresearchgroup.org](mailto:newsletter@wessexresearchgroup.org) or log on to [www.wessexresearchgroup.org](http://www.wessexresearchgroup.org)*