



Wessex Research Group Network *Newsletter*

VOLUME 12, ISSUE 2.

February 2017

February heralds Imbolc and the start of Celtic spring, the days getting longer and warmer.

The Wyvern Dowsers have a new events co-ordinator who is Bea Menier who can be contacted on 01793 694943. The group also has a new Facebook page which can be found by searching for the Wyvern Dowsing Society on Facebook.

Energy Awareness

by Hasim

Energy awareness is not just about calorie counting as physical energy, because energy is not only derived from the consumption of food. It is also supplied from outside, from the Cosmos and the Earth. Many people believe that the food they eat supplies all their energy and for many the start of a New Year galvanises the resolve to remove that excess energy stored as bodily mass. That in itself is fine however the idea of "self" energy management should extend beyond the physical.

The human body without the Earth's energy field would react rather like a jellyfish, wafted this way and that by the passing currents; the energy provided by the Earth is the directional energy.

Human energy radiates downwards from your feet into the ground and is subtly transmuted. You create a continuous two-way exchange of energy down through your feet into the Earth. The energy is directly transmuted by the Earth's energy and returned upwards around the outside of the human aura, re-entering via the crown chakra. As you generate different energy patterns, the returning energy will be related to what is given out; certain forms of energy are more responsive to Earth energy than others.

Think in terms of positive and negative, or sympathetic and non-sympathetic energies. The unsympathetic energy will become clogged or blocked when passing through the Earth. Sympathetic energy, on the other hand, will become energized and revitalised. Thus the person who gives out the right energies will receive a tenfold increase of energy in return. When you feel listless or aimless it is not usually as a direct result of your diet; it is more likely to be the result of the energy you are transmitting to the earth, which prevents you receiving in return the correct vital energy needed to propel you in the right direction.



Energy awareness involves contemplating the type of energy you transmit in order to receive revitalised energy in return. For example, anyone can feel depressed or exhausted, but then when offered an exciting opportunity can suddenly tap into a source of limitless energy. Take this example on a long-term view - if you adopt the correct energy radiation you will receive a proportionate energy supply in return.

It is difficult to describe the correct energy output, so you will need to judge it by results. When you feel full of energy, ask yourself what generated that feeling - how did you feel earlier in order to achieve that level of energy? Similarly in reverse, when you feel listless ask yourself what energy you have been giving out.

Each of us can enhance your degree of sympathy with the Earth energy simply by concentrating on it, and your very awareness will make your radiations more sympathetic. For example, when you walk bare footed in the dew your awareness will be heightened. If you are striding down the street pre-occupied with worldly worries, it is difficult to become very aware of the Earth energies.

You can also experience your energy by using your hands. Stretch your arms out sideways with palms facing downwards; you should be able to concentrate on the feeling in your palms. You will be placing your hands into the outer edges of your energy aura. If you stand on the ground, in bare feet if you wish, you should be able to sense this subtle energy returning.

Your hands are sensitive organs, and as you stand like this you are extending an aerial into the current as it circulates round you and into the eighth chakra above your head. You should feel a small stimulation or tingling.

Energy Awareness continues on Page 4

Frome WRG
Marina 01373 465848

Glastonbury WRG
Jacqui 07516816915

Weymouth & Dorchester
Roma 01305 816644

Yeovil Psychic Society
www.yeovilpsychics.org.uk

Dorset Earth Mysteries
www.dorsetmysteries.org

School of Energy
Healing Educational Trust
www.energyhealing.co.uk

Bristol Dowzers
www.bristoldowzers.co.uk

Joyous Isle workshops
www.joyousisle.com

Axminster Awareness Centre
www.awarenesscentre.org.uk

Stoneseeker Tours
www.stoneseeker.net

Centre for Pure Sound
www.centreforpuresound.org

The Martinsey Isle Trust
www.martinsey.org.uk

Hawkwood College
www.hawkwoodcollege.co.uk

Angelight
www.angelight.co.uk

Taunton Association for
Psychotherapy
www.taplimited.org.uk

Wrekin Forum
www.wrekinforum.org

Theosophical Society in Scotland

Findhorn Foundation
www.findhorn.org

Dowsing Spirits
www.dowsingspirits.co.uk
www.theswa.org.uk

Totnes WRG
Jeffrey 01803 866349

Aquarian Age Community
www.aquaac.org

Totnes Astrology Group
David 01803 867145

The Gift of Sound
www.thegiftofsound.co.uk

Crewkerne Awareness
anacolourastro.wordpress.com

Poole PLG
Adrian 07738 081394

Ryde PLG
Dana 07879 021521

EVENTS

Galaroza 24 Feb
FISU ToGathering
www.fisu.org

TALKS

Glastonbury 1 Feb
Imbolc Celebration
Tel. Tim 07747 897 621

Glastonbury PLG 1 Feb
Vali Drum Celebrating St
Bridgets at Imbolc
Vali Drum
Tel. Samia 07930 007419

DEMG at Stapehill 2 Feb
Construction of Ancient
Structures
Marcus Allen
Tel. Dave 07977 144147

Axminster 3 Feb
7 Aspects and
Superclues to Reality
Marian Matthews
Tel. 01297 32331

London (CPS) 3 Feb
A Demonstration of Spirit Art
and Mediumship
Angela Watkins &
June Elleni Laine
Tel. 0207 589 3292

Loughton 4 Feb
Introduction to Meditation
Foundation for International
Spiritual Unfoldment
Tel. 0208 5233133

Illford 6 Feb
Introduction to Meditation
Foundation for International
Spiritual Unfoldment
Tel. 0208 5233133

Glastonbury WRG 7 Feb
Conversations with Angels,
Nature Spirits and Elementals
William Bloom
Tel. Jacqui 07516816915

London (CPS) 7 Feb
Ecology and Psychic Evolution
Daniel Pinchbeck
Tel. 0207 589 3292

Yeovil 8 Feb
Evening of Clairvoyance
Derren Gallo
Tel. 01963 220306

Glastonbury PLG 8 Feb
How Soon is Now?
Personal Initiation
to Global Transition
Daniel Pinchbeck
Tel. Samia 07930 007419

Rode 9 Feb
What Do the Stars
Have in Store for Us?
John Wadsworth
Tel. Caroline 01373 831046

Cheshunt 9 Feb
Introduction to Meditation
Foundation for International
Spiritual Unfoldment
Tel. 0208 5233133

London (CPS) 10 Feb
New Approaches to
Energy Work
David Manning
Tel. 0207 589 3292

Totnes 10 Feb
Understanding the Natal Chart
David Matthews
Tel. David 01803 867145

Chulmleigh 14 Feb
Applying Intuition to Every
Aspect of Life
Nigel Twinn &
Christopher Strong
Tel. 01363 877352

North Chingford 15 Feb
Introduction to Meditation
Foundation for International
Spiritual Unfoldment
Tel. 0208 5233133

Glastonbury PLG 15 Feb
Celebrating Love
Dr Jacqueline Hobbs
Tel. Samia 07930 007419

Taunton 17 Feb
the Relational and the Analytic
an Enquiry into Practice
Farhad Dahal
Tel. 01278 663215

Bristol 17 Feb
Traditional Fairies
in the British Isles
Sir Ronald Hutton
Tel. Rory 07748 734127

London (CPS) 17 Feb
Ascension Intelligence
Attaining Wholeness
in a World of Delusion
William Henry
Tel. 0207 589 3292

Glastonbury 18 Feb
Introducing the Mayan Calendar
Claudie Planche
Tel. 01458 835506

Glastonbury 18 Feb
Introducing Sacred Geometry
Claudie Planche
Tel. 01458 835506

North Hill 19 Feb
the Holy Wells of Cornwall
Helen Fox
Tel. 01566 774902

Beaconsfield 19 Feb
Egyptian and French
Scientific Pendulums
Sandy McKenzie
Tel. Susan 01494 813214

Bath 20 Feb
Bath Storytelling Circle
Tel. David 01225 482170

Crewkerne 20 Feb
Understanding Runes
Teagan Craig
collingridge1@sky.com

Woodshaw 20 Feb
Crystals and Letting Go
of What No Longer Serves
Dawn Wade
Bea Menier 01793 694943

London (CPS) 21 Feb
Unveiling the Sushumna
the New Navigating System
David Manning
Tel. 0207 589 3292

Peterborough 22 Feb
Introduction to Meditation
Foundation for International
Spiritual Unfoldment
Tel. 0208 5233133

Glastonbury PLG 22 Feb
Into the Light
Miguel Dean
Tel. Samia 07930 007419

London (CPS) 24 Feb
Gerrie March Presents
her Students
Gerrie March
Tel. 0207 589 3292

London (RILKO) 24 Feb
the Perpetual Choirs
Giles Bryant
Tel. 0845 2260 531

Slimbridge 25 Feb
Dartmoor Mindscapes
Re-visioning a Sacred
Landscape
Peter Knight
Tel. 01249 823287

London (CPS) 28 Feb
the Gongs and Other Ancient
Instruments Explained and
Experienced
Olaf Nixon
Tel. 0207 589 3292

Shepherds Bush 28 Feb
Introduction to Meditation
Foundation for International
Spiritual Unfoldment
Tel. 0208 5233133

WORKSHOPS & COURSES

Glastonbury 3 Feb
Mothering at the Edge
A Healing Womb Retreat
Annabel Du Boulay
Tel. 01458 831154

London (CPS) 4 Feb
Crystals and Past Lives
Judy Hall
Tel. 0207 589 3292

London (CPS) 4 Feb
the Fundamentals of Energy
Sharry Clarke
Tel. 0207 589 3292

Holwell 4 Feb
Treasures of the Inka 2
Inka Healing Practises
Elaina Harvey &
Sandy Pennell
Tel. 01963 23468

London (CPS) 4 Feb
the Complete Reading
Daniel Pitt
Tel. 0207 589 3292

London (CPS) 4 Feb
an Introduction to Angelic
Energies
Kristin Bredimus
Tel. 0207 589 3292

Bruton 5 Feb
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

London (TS) 5 Feb
the Ageless Wisdom
for Everyone
Edward Archer
Tel. 0207 563 9817

London (TS) 8 Feb
After Death Consciousness
and Process
Damon Scothern &
Pam El-Hosaini
Tel. 0207 563 9817

Glastonbury 10 Feb
the Geometry of Nature
and the Cosmos
Tom Bree
Tel. 01458 831154

London (CPS) 11 Feb
Reading the Akashic Record
Judy Hall
Tel. 0207 589 3292

Donegal 11 Feb
Angel Workshop
the Angels of Saint Teresa
of Avila
Chrissie Astell
Tel. 01223 969858

London (CPS) 11 Feb
Dowsing 3. Finding Lost
Objects, Pets, People
and Ancestors
Christopher Strong
Tel. 0207 589 3292

Forres 11 Feb
Applied Eco-village Living
Craig Gibsone & Vera Franco
Tel. 01309 690311

Milford on Sea 12 Feb
Sound Experience
and Vocal Toning
Lorna Heath
Tel. 01590 642994

Yeovil 12 Feb
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

London (CPS) 12 Feb
Counting the Cards
Understanding the
Tarot Court Cards
Avril Price
Tel. 0207 589 3292

Stroud 12 Feb
Selfish
Theresa Sansome
Tel. 01453 759034

London (TS) 12 Feb
the Ageless Wisdom
for Everyone
Edward Archer
Tel. 0207 563 9817

London (CPS) 12 Feb
Dowsing Advanced
Christopher Strong
Tel. 0207 589 3292

Donegal 12 Feb
Angel Workshop
the Healing Light of Angels
Chrissie Astell
Tel. 01223 969858

London (CPS) 12 Feb
Balancing the Masculine
and Feminine
David Manning
Tel. 0207 589 3292

Alweston 14 Feb
Deep Exploration of the
Throat Chakra
Pauline Elsworth
Tel. 01963 23705

Milford on Sea 15 Feb
Drum Circle Mini Sound
Experience
Lorna Heath
Tel. 01590 642994

South Marston 18 Feb
Healing Your Home Part 2
Geopathic Stress
Adrian Incedon Webber
Tel. 01423 781974

London (CPS) 18 Feb
Psychic Numerology
Richard Abbott
Tel. 0207 589 3292

London (CPS) 18 Feb
the Awakened Soul
Sacred Art and the
Ultimate Spiritual Experience
William and Claire Henry
Tel. 0207 589 3292

Holwell 18 Feb
the Magic of Crystals
Elaina Harvey
Tel. 01963 23468

London (TS) 19 Feb
the Ageless Wisdom
for Everyone
Edward Archer
Tel. 0207 563 9817

Bridport 19 Feb
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

London (CPS) 19 Feb
Psychic Development
James Philip
Tel. 0207 589 3292

London (CPS) 19 Feb
Anatomy and Physiology
for Healers Part 2
Doe Warnes
Tel. 0207 589 3292

London (CPS) 19 Feb
Psychic Art to Develop
Spiritual and Psychic
Expansion
June Elleni Laine
Tel. 0207 589 3292

Alweston 21 Feb
Deep Exploration of the
Third Eye Chakra
Pauline Elsworth
Tel. 01963 23705

London (TS) 22 Feb
After Death Consciousness
and Process
Damon Scothern &
Pam El-Hosaini
Tel. 0207 563 9817

Axminster 23 Feb
Mindfulness for Health
and Wellbeing
Kath Woods
Tel. 01297 32331

London (CPS) 25 Feb
Learn the Art of Scrying
Michelle Hawcroft
Tel. 0207 589 3292

Glastonbury 25 Feb
Breakthrough
Weekend Workshop
Chris Bourne
Tel. 01458 830443

London (CPS) 25 Feb
Mediumship
Foundation Module One
Gordon Smith
Tel. 0207 589 3292

Compton 25 Feb
Healing Your Home Part 1
Geopathic Stress
Adrian Incedon Webber
Tel. 01423 781974

London (TS) 26 Feb
the Ageless Wisdom
for Everyone
Edward Archer
Tel. 0207 563 9817

Oborne 26 Feb
Divine Union Soundbath
Dean Carter
Tel. Dean 01935 389655

Wessex Research Group Network

www.Mindspiritnetwork.com
Bath Storytelling Circle.
Tel. 01225 482170

Earthstars Sacred Space
www.earthenergynetwork.co.uk
www.body-spirit.co.uk
www.fire-in-the-head.co.uk
www.chalicewell.org.uk
www.unicorncentre.co.uk
www.thamesvalleydowsers.org.uk
www.libraryofavalon.org.uk
Glastonbury PLG
www.glastonburyplg.co.uk
www.positivelivinggroups.org.uk
www.theosophical-society.org.uk
www.fisu.org/en
www.faeryevents.com
www.openhandweb.org
www.stargaia.com
www.RILKO.net
www.Psychic-Sanctum.co.uk
www.Enneagram-uk.com
www.sacredconnections.co.uk
fifthdimensionalnetwork.net
www.networkoflight.org
www.megalithictours.com
www.gaunthouse.com
www.educationaid.net
Sea Spirit Centre
<http://spiritual-courses.co.uk>
www.collegeofpsychicstudies.co.uk
Wyvern dowsers
Bea Menier 01793 694943

www.energeticsolutions.co.uk
www.kabbalahcentres.com
www.caduceus.info
www.ihs.ac
newhumanitymovement.com
www.waverleydowsers.co.uk
www.tamar-dowsers.co.uk
www.midsummersearthhealing.co.uk
Aller Park
Dartington
David 01803 867145
Wellspring – Rode
Tel. Caroline 01373 831046
www.devondowsers.org.uk

London (CPS) 26 Feb
Anatomy and Physiology for
Healers Part 3
Doe Warnes
Tel. 0207 589 3292

Alweston 28 Feb
Deep Exploration of the
Crown Chakra
Pauline Elsworth
Tel. 01963 23705

LIGHTWORKER GROUPS

Global Meditation Event
1 Feb 9pm
www.networkoflight.org

New York 10 Feb
Transforming Planetary
Consciousness Webinar
UN Meditation as
Planetary Service
UN@aquaac.org

Alweston 27 Feb
Ladies Red Tent Gathering
Pauline Elsworth
Tel. 01963 23705

**Bournemouth (Alt
thursdays)**
The Spiritual Exchange
www.meetup.com

Totnes (Fridays)
Astrology Group
Meeting
Tel. 01803 867145

Poole (1st Sunday)
Dialogues of the Heart
Tara Divina Brown
Tel. 01202 604340

Sturminster Newton
Safe Journey Resource
and Drop in Centre
Martinsey Isle Trust
Tel. Judith 01258 475125

Weymouth
Earthbound Bug or Butterfly.
Spiritual Development Group
Tricia Davis
Tel. 0783 3164615

TRIPS, TOURS & VISITS

Glastonbury 1 Feb
Wheel of the Year
First Stirring
Chalice Well
Tel. 01458 831154

Lancashire 4 Feb
Mysterious Lancashire
Day Tour 1
Megalithic Tours
Tel. 01772 728181

Lancashire 11 Feb
Mysterious Lancashire
Day Tour 2
Megalithic Tours
Tel. 01772 728181

Wiltshire 11 Feb
Full Moon Evening at
West Kennet Long Barrow
Peter Knight
Tel. 01249 823287

Lancashire 18 Feb
Vale of Eden Tour
Megalithic Tours
Tel. 01772 728181

Lancashire 25 Feb
Lake District North
Mystical Sites Tour
Megalithic Tours
Tel. 01772 728181

Astrology is Everywhere!

Zach Matthews

Astrology, in its broadest sense, is the search for human meaning in the sky. It has been argued that astrology began as a study as soon as human beings made conscious attempts to measure, record, and predict seasonal changes by reference to astronomical cycles.

Early evidence of such practices appears as markings on bones and cave walls, which show that lunar cycles were being noted as early as 25,000 years ago; the first step towards recording the Moon's influence upon tides and rivers, and towards organizing a communal calendar.

The calendars of Pre-Columbian Mesoamerica are based upon a system which had been in common use throughout the region, dating back to at least the 6th century BC.

Astrology as we understand it is believed to have originated in China about the 3rd millennium BC and regarded highly. Confucius is said to have treated astrology with respect saying: "Heaven sends down its good or evil symbols and wise men act accordingly".

It is a vast subject far bigger and more profound than many might realise, far deeper than the simplistic perspective offered in the popular press which tends to concentrate on the solar aspect which represents the masculine side (the moon representing the feminine).

Astrological principles are applicable to the whole of nature. Nicholas Culpepper assigned the signs of the zodiac to herbs; something that relates to a time when Astrology and medicine were closely linked with doctors consulting astrological charts as part of the treatment process.

We also find astrology embedded in our language for example the word Disaster – Dis astra (against the stars), Lunatic – Worse at full moon, Jovial – Jove is Jupiter the planet of optimism and expansion, Saturnised – Melancholy; Saturn being the serious planet, Mercurial – quick, witty, Martian - warlike - the planet Mars, Venerial – comes from Venus, the planet of love and affection. Astrology also appears in the works of Chaucer and Shakespeare.

The present age is characterised by scientific and technological advancement something which might not seem congenial to astrology. We might however consider that science came from and must return to astrology if we are to bring spirituality back into materialism and link once more universal principles with earthly life.

Energy Awareness (continued)

The more you practice this, the more you will sense it.

This exercise is valuable as it reinforces the idea that you are all deeply rooted in the Earth. Your roots extend downwards like the roots of a tree. You are an Earth Being and you belong on the Earth; that is why you are here. Feel your energy extending downwards and along the fissures in the ground; visualise your energy flowing along those lines becoming subtly transmuted and extending outwards, stimulated and revitalised, returning around your energy shell via the crown centre into all your chakras. These in turn respond to provide you with the energy you need.

The writing of this article has further galvanised my resolve to manage myself as a multidimensional energy being during the year ahead, so it only remains for me to wish you all a happy New Year and may you also be successful in realising your goals.

To promote an event or submit a contribution to the newsletter email Robert at robertmulliss@btinternet.com or log on to www.wessexresearchgroup.org