



Wessex Research Group Network *Newsletter*

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February 2021

February 2021 arrives with Imbolc and the promise of spring. In Japan the end of winter is celebrated by throwing beans into dark corners accompanied by shouts of “*fortune in devils out*”.

The Mahayana Buddhist festival on February 8th celebrates the passing of the Gautama Buddha. The passing of St Valentine; the patron Saint of lovers, epileptics and beekeepers is celebrated on the 14th.

Other Beings in Our Reality With Us

By Marian Matthews

Although many people think we are alone in our reality, the truth is that we are not. There are beings from our own world and beyond that share our space, contributing to maintaining us and the world or just co-existing, usually unseen, with us. Some people do see and work with them, for instance Angels, aliens, fairy folk and elemental beings. But most people, even those that believe they are there, cannot see or detect them. There are three main reasons for this.

Firstly, we are limited beings, we are limited by the quality and scope of our human sense organs. We can only see certain wavelengths of light, hear a certain frequency of sound, smell certain odours around us. It all depends on the equipment we were individually born with. There is variation even within our species, we often see colour differently for instance. Also, we are actually at a base physical level constructed of nothing more than atoms in combination. Atoms themselves are made from smaller particles which are no more than vibrating energy in different combinations.

Other beings may vibrate at different frequencies that our eyes are not geared up to see. This is especially true of spirit beings, or 5th dimensional beings, who vibrate at a higher, finer frequency than we do. They can see us, but we cannot usually see them!

Secondly, it is because of the way that our brain organises the data it receives from our sense organs.



We receive a continual stream of data from our sense organ input. If we were aware of all of it would make existing very confusing. Our brain therefore constantly filters what we are aware of and orders the information into what we need and can understand.

Research into how the brain works has shown for all the information rushing in from our eyes, for instance, there is information rushing from other parts of our brain to make sense of it. In other words we may not be seeing what is actually there, but our brain's interpretation of it. Not only that but if it cannot recognise it using existing patterns it may choose to not see it at all! So even if our sense organs were sensitive enough to see these other beings our brain/consciousness may refuse to let us see it. This is why mediation can help with the process as you are over riding the thinking brain somewhat.

Thirdly, even given the above, some people can see and interact with such beings, how can they do that? The answer is quite simple, there are dimensions to our reality beyond the physical. As biological animals we are limited. If we can tap into our greater unlimited spiritual selves we can override these limitations. Some people are just born with this extra layer of sensitivity, others acquire it through meditation and other spiritual practices. Personally I can never see anyone, although I am often helped and guided. Perhaps one day I will.

This article is taken from Marian's new book *Super Clues to Reality*. For further information email Marian at Marian.Matthews3@gmail.com or visit her Amazon author link. [amazon.com/~e/B01BH1MC1K](https://www.amazon.com/~e/B01BH1MC1K)

IN PERSON EVENTS

26 Feb **Glastonbury**
Introducing Sacred Geometry
Claudie Planche
stargaia.com

27 Feb **Glastonbury**
the Template
Sacred Geometry Workshop
Claudie Planche
stargaia.com

ON-LINE TALKS

1 Feb
How to Know Higher Worlds
Philip Martyn & Sue Peate
rsh.anth.org.uk

2 Feb
Introduction to Meditation
FISU.org

2 Feb
the Apocalypse for the Clergy
Brendan McQuillan
rsh.anth.org.uk

2 Feb
Mental Health and Wellbeing
FISU.org

3 Feb
World on Fire
Conversations that Matter
Charles Eisenstein
hawkwoodcollege.co.uk

3 Feb
Art as Seen in the Light
of Mystery Wisdom
Brendan McQuillan
rsh.anth.org.uk

4 Feb
Midweek Meditations
Geoffrey Beitz
collegeofpsychicstudies.co.uk

5 Feb
the Beginning of the
Age of Aquarius
David Matthews
Totnes Astrology Group
Tel. 01803 867145

7 Feb
Shamanic Sundays Group
Mandy Pullen
ecoshamanism.org.uk

7 Feb
Introduction to Meditation
FISU.org

7 Feb
Divine Union Soundbath
Dean Carter
centreforpuresound.org

9 Feb
LGBTQ Introduction to Meditation
FISU.org

9 Feb
Healthy Eating with Yoga Nidra
Grainne McAnallen
collegeofpsychicstudies.co.uk

10 Feb
Meditations and Mantras
to Heal the Heart
Gemma Bliss
collegeofpsychicstudies.co.uk

10 Feb
the Spiritual Hierarchies
and Their Reflection in the Physical
World, Zodiac, Planet, Cosmos
Brendan McQuillan
rsh.anth.org.uk

12 Feb
Addressing Our Souls
the Foundation Stone
Geoffrey Norris
rsh.anth.org.uk

12 Feb
Mariam the Magdalene and the
Divine Feminine
Lars Muhl
collegeofpsychicstudies.co.uk

13 Feb
Mental Health and Wellbeing
FISU.org

13 Feb
Are Lockdown Policies Doing More
Harm than Good?
Dr Oliver Robinson
mysticsandscientists.org

14 Feb
Divine Union Soundbath
Dean Carter
centreforpuresound.org

14 Feb
Connecting with Love
Swami Aliananda Paramahansa
worldpeacemission.com

14 Feb
Sound Healing
Tony Nec
tamar-dowsers.org

14 Feb
Sound Healing
Tony Nec
thamesvalleydowsers.org.uk

14 Feb
the Imaginal World
and the Eye of the Heart
David Nieuwejaers
theosophicalsociety.org.uk

15 Feb
Parallel Universes. Can we Model
the mTheoretically and Explore
them Experimentally?
Dr Simon Duan
mysticsandscientists.org

16 Feb
the Decline of the White Witch in
the Bible and Beyond
Dr Alinda Damsma
collegeofpsychicstudies.co.uk

18 Feb
Introduction to Meditation
FISU.org

18 Feb
Midweek Meditations
Geoffrey Beitz
collegeofpsychicstudies.co.uk

19 Feb
the Coloured Glass Windows
of the Goetheanum
Douglas Miller
rsh.anth.org.uk

19 Feb
Visionary Art and the Mystical
Experience
Alex Grey & Allyson Grey
collegeofpsychicstudies.co.uk

20 Feb
Dowsing with Humility Health
and (Spiritual) Hunger
Jim Willis
thamesvalleydowsers.org.uk

20 Feb
Dowsing with Humility Health
and (Spiritual) Hunger
Jim Willis
devondowsers.org.uk

20 Feb
Dowsing with Humility Health
and (Spiritual) Hunger
Jim Willis
tamar-dowsers.org

20 Feb
Kriya Yoga Teachings
Swami Aliananda Paramahansa
worldpeacemission.com

21 Feb
Theosophy and Archetypes
Gary Kidgell
theosophicalsociety.org.uk

21 Feb
Divine Union Soundbath
Dean Carter
centreforpuresound.org

25 Feb
Midweek Meditations
Geoffrey Beitz
collegeofpsychicstudies.co.uk

26 Feb
Rediscover Our Inner Sun Power
Eric Klein
rsh.anth.org.uk

26 Feb
Pisces. Meditation Transforming
Planetary Consciousness Webinar
aquaac.org

28 Feb
Divine Union Soundbath
Dean Carter
centreforpuresound.org

28 Feb
Introduction to Meditation
FISU.org

ON-LINE WORKSHOPS

1 Feb
Thresholds at Imbolc
Roselle Angwin
roselle-angwin.co.uk

2 Feb
Awakening the Sage Within
Felice Rhiannon
hawwoodcollege.co.uk

3 Feb
Climate Action Lab III
Begin 2021 Asking the Bigger
Questions
hawwoodcollege.co.uk

4 Feb
Coherent Self Coherent World
How the Whole Self Produces
Coherent Outcomes
Diana Durham
hawwoodcollege.co.uk

5 Feb
Venus in the Constellations
Mandy Pullen
ecoshamanism.org.uk

6 Feb
New Artful Ways to Explore
Relationships
June Elleni Laine
collegeofpsychicstudies.co.uk

6 Feb
the Inner Child
A Goethean Psychology
Graham Kennish
rsh.anth.org.uk

6 Feb
SEVA Acupressure for Self Care
Jackie May
joyousisle.com

6 Feb
Earth Ancestors and Dreams
Teaching from an African Shaman
John Lockley
collegeofpsychicstudies.co.uk

7 Feb
Redefining Listening
the Gift of Being Rock
Mandy Preece
collegeofpsychicstudies.co.uk

11 Feb
Dowsing Discourses
Grahame Gardner
westerngeomancy.org

13 Feb
the Bio Breakthrough
Isabelle Benarous
collegeofpsychicstudies.co.uk

13 Feb
Meditate and Change Your Life
Geoffrey Beitz
collegeofpsychicstudies.co.uk

17 Feb
Home Yoga Retreat
Sally Rainbowchild
thespaceshaftesbury.co.uk

20 Feb
Tarot and Mediumship
Avril Price
collegeofpsychicstudies.co.uk

20 Feb
Adventuring into Mediumship
Claire Broad
collegeofpsychicstudies.co.uk

21 Feb
Introduction to Gardening the
Biodynamic Way
Philip Martyn & Sue Peate
rsh.anth.org.uk

21 Feb
Heart Healing with Archangels
Raphael, Hilarion and Mother Mary
Liesl Duffy
collegeofpsychicstudies.co.uk

22 Feb
Embodied Sovereign
Meaningful Human Connection
Through Embodied Sovereign
Adam Wilder
hawwoodcollege.co.uk

23 Feb
the Quantum Leader Masterclass
Lead from the Emerging Future
Catherine Lucas
hawwoodcollege.co.uk

26 Feb
Integrating Theory U in Practice
Katherine Long
hawwoodcollege.co.uk

26 Feb
Healing with Conscious
Communication
Kevin Billet & Gaby Burt
thejourney.com

27 Feb
A&P for Healers
Doe Warnes
collegeofpsychicstudies.co.uk

27 Feb
Do You Want to Train as a Healer
Bernadette Jaye
collegeofpsychicstudies.co.uk

27 Feb
New Light. Explore Spirit Art and
Psychic Drawing
June Elleni Laine
collegeofpsychicstudies.co.uk

28 Feb
the Shamanic Path
The Art of Transformation
Jez Hughes
collegeofpsychicstudies.co.uk

To promote an event or submit a
contribution to the newsletter email Robert
at robertmulliss900@uwclub.net
or log on to
www.wessexresearchgroup.org