

# Geopathic Stress! What is it and what can we do about it

By Adrian Incedon-Webber

The earth is one gigantic magnet and it generates a massive energy field that is constantly fluctuating. These distortions produce a natural radiation that is brought to the surface via fault lines, underground cavities and subterranean water to create problems for humans and animals. The term geopathic stress literally means 'illness produced from the earth'.

These earth rays do not cause illness however they affect the way we function. During sleep the body should repair itself from the rigours of the day however; if you are lying in or above an area of geopathic stress, then this natural process is interrupted and gradually your health will decline. Cells need to be renewed, nutrients absorbed and food digested but if your body has to focus all its energy on fighting the effects of geopathic stress, then the natural balance and rhythm will break down, your immune system weakens and disease (dis-ease) occurs.

Electromagnetic fields (EMF) also create their own form of geopathic stress through computers, microwave ovens, televisions, mobile phones, electrical wiring and lighting. Problems may also result from nearby pylons, underground cables and pipes etc.

Added to this the damage that modern day intensive farming does to the earth – they are ploughing deeper and planting more crops never giving the ground a chance to recover. This too will cause geopathic stress in the form of negative energy lines that can spread for miles affecting people who have taken no part in their formation.

Many day to day ailments can be put down to the affects of geopathic stress in the home or in the workplace including:

- Feeling drained of energy
- Mentally worn down
- Grinding teeth
- Insomnia
- Irrational mood swings
- Negative nature
- Bad dreams / nightmares
- ME
- Hyperactive children
- General tiredness
- Depression
- Repeat visits to the doctor
- Bad temperedness
- Rheumatism
- Domestic disharmony
- Headaches / migraines
- Restless or fretful babies

Much research has been done, especially in Germany, into the effects of geopathic stress in homes and schools, with some startling discoveries made (see Earth Radiation by Kathe Bachler). Kathe links earth radiation with learning difficulties at school, causation of cancer, allergies, arthritis, and many other diseases. She maps Curry and Hartman grids with underground water to show where the illness/problems

have or will occur, using this information to move beds, desks (in school) etc. as prevention against further attack.

Curry and Hartman grids are rarely considered in the UK and many dowzers or geomancers (from the Greek geomanteia Geo "earth and manteia "divination"), here look for underground water crossings, ley energy lines, stress or disturbance lines, EMF and energy spirals as causative effects of many of our illnesses. We are all affected by geopathic stress in one way or another; it just depends on how badly and for how long!

There are obvious signs of geopathic stress in nature, and this is probably the best place to observe what living above or within an energy line can do. Gnarled trees or branches that are unnaturally curved upwards or down provide a common example. However the best way to check for geopathic stress in humans is to use kinesiology or muscle testing. People will always test strong in a stress free area and weak over the edge of an underground stream or detrimental energy line.

What can we do to help ourselves? Well acknowledging that geopathic stress exists is a start with prevention being by far the best solution. Intuition is the key: we all have the gift but tend to ignore it. Start to look around your home or workplace, are there areas there that you don't like standing in, places that make you feel cold or uncomfortable, a chair that makes you feel unhappy when you sit on it, places where plants wilt and die etc? Also notice where your pets spend most of their time; dogs love positive energy areas, cats on the other hand like negative! You will start to realise that your inner self has been talking to you, helping you even, to avoid stressed areas. Now that you know a problem exists it is time to seek help from the experts.

Having your home or workplace dowsed for geopathic stress should be your first call. A professional dowser or geomancer will pinpoint the areas that need to be dealt with and recommend a course of remedial action.

Some will visit whilst others prefer to dowse remotely using a map or floor plan supplied by their client and so not exposing themselves needlessly to harmful earth radiation. Expect to be surprised at how many problem areas are found and once dealt with you will wonder how you ever lived within the stress patterns!

Each dowser or geomancer has their own way of cleansing or clearing a house of geopathic stress; some will use a very complex procedure, whilst others a simple one. Some will use Feng Shui, others earth acupuncture or a combination of both and some work with the light calling upon archangels and spirit guides to help. All practices vary and are possibly unique to the individual dowser, yet all have a place in helping rid today's busy society of geopathic stress and its related illnesses.

The cleansing of a home or workplace works on many levels. You might find that you sleep better, deeper and longer, your house could feel warmer and more inviting, niggling pains possibly go away, your family appears much more happier etc. Some quite remarkable results have been achieved over the years with many dowzers receiving wonderful feedback from their clients.

Healing the earth is an important part of dowsing today, we don't just find water! Many dowzers will specialise in one particular area, whether it be finding water, working with earth energies or dowsing for health and archaeology. If you have a specific requirement, I'd suggest you contact the British Society of Dowzers at [www.britishdowzers.org](http://www.britishdowzers.org).

## **Geopathic Stress Case Study**

After submitting an article on geopathic stress and how it affects people, I was asked to provide an example and felt that the best way of doing this was to find a willing volunteer; to dowse their home and then cleanse it to see if they felt any difference! We are all affected by geopathic stress however, very few people realise this and in most cases have never heard of it.

As I dowse remotely I was provided with the names and ages of the family, a floor plan of the house, including the address and postal code and asked to look at the areas of geopathic stress that affected them. I also look at areas of beneficial energy too. As my work is done in full confidence, I have changed names and references to specific areas.

The volunteer family, Jane and Nick live in a modern three storey town house in the South of England, they are not married but are long term partners. Nick eldest son, Paul does come and stay with them however his youngest son, Charles, visits but never sleeps there.

I begin with a short meditation and always ask if it is appropriate for me not only to start dowsing but to work on a specific family or problem. Once I have a positive answer, I start working on the floor plan going through a check list of twenty three items, using the dowsing rods to help confirm where the problems actually lie. I use a numbering system from 0 to -10 when looking at the effect of geopathic stress on people.

I always consider lost souls first as they hate change, and as soon as you start to cleanse a house, they can become very agitated, causing all sorts of unnecessary chaos. I found three resident souls two males and one female and before I could help them continue their interrupted journey in to the light, I had to ascertain why they were there, when they had died and why! One male (-7) had died in 1904 Of influenza, or possibly an early form of bird flu, and he had lived in the original house on the site, another had died of a heart attack in 1963 (-4) and was drawn here by the first spirit, and a female had been murdered in 1863 (-3), also drawn here by the energies of the first spirit. All lost souls, even the spirit of your favourite pet, give off detrimental energies therefore they need to be moved on.

I then check for entities, and I found, when dowsing, that Paul the eldest son, had had a male spirit attached to him for just over twelve months. I got a -10 reading which showed just how badly he was affected.

Underground streams are incredibly detrimental to a family's health and therefore, these are the next to dowse for. I found two beneath the house testing -9 and -7 in my detrimental scale. The effects of water can be felt many feet above ground level and in this case, 52ft and 26ft respectively. Don't think you are safe, even in a block of flats!

I will then dowse for energy leys (big power bands running around the earth), stress/disturbance lines and earth energy lines (generally known as leys). Stress lines affecting your home can be set up many miles away by random acts of negative human activity ie a mugging or a murder, foundations of a building cutting through a meridian line, bad farming practice, mental or physical cruelty etc. These lines can run underneath your home even if you took no part in setting them up! Two stress lines affected this home: one (-4) ran from a house close by that had been rented by

a couple heavily in to substance abuse and living a base life, whilst the other (-4) came from two and a half miles away where a new block of flats had been built disturbing the earth.

Energy spirals are all around us, however I only dowse for the detrimental ones, the big spirals that affect our character and health. Two were found testing -8 and -4 in detriment to the family. Sleeping above or within a spiral will gradually wear down your aura, weaken your immune system and allow disease (dis-ease) to occur; the effects can be felt up to 30-40ft away in most cases.

We all live with negative energies; we can't help it, they are part of our daily life. A bad thought, action or comment can set up an area of negativity that will start to feed off any further conflict around it until it becomes large enough to start influencing people's moods. Teenage angst, an argument, an unkind thought, stress at work are all resultant factors in the setting up of these areas, eleven were found in the house ranging from -3 to -9 in their intensity.

Other areas include:

Power objects, similar to energy areas but this time the negativity is attached to a specific article (eg a chair, table or ornament) which if in close proximity to you, will darken your mood and spread disharmony amongst your family, curses or spells, reversal points (areas that if left open, will allow detrimental energies back in to the house), 4<sup>th</sup> dimensional portals, karmic problems, blankets of energy, problems with elementals, tree spirits, animal spirits, spirit lines, guardians of the site. The house tested positive on all these points.

### **Cleansing the House of Geopathic Stress**

After the family have read through my report, I discuss the cleansing with them and tell them what course of action I have decided upon. I have sometimes found that clearing one layer of geopathic stress will allow a lesser one to rise and therefore a clearing cannot always be finalised on the first attempt. Regular checks are needed during the first few weeks and this turned out to be the case here.

Each of my healing sessions is unique and therefore individual for each family. I start off with a short prayer and ask permission to carry out the cleansing and in which order the stress should be cleared, however lost souls are always the first to go. Sometimes moving an entity from someone can produce the most miraculous results in their personality and health. Dowzers all work in different ways, some use practical methods, eg earth acupuncture to sort out stress problems however I use prayer and intent to do the fixing.

Lost souls are easily sent to the light, entities can be a little trickier, however in most cases they leave willingly. I always ask that streams, energy leys, stress lines etc are flooded with light and that all detrimental energies are dispersed appropriately. I then harmonise their energies to co-exist with us. In the case of underground streams I will move them out from beneath the house and any other properties that they might affect along their course, often several hundred. I do the same for energy leys, those huge power lines running around the earth, and this often means helping 2000+ other homes! I always ensure that this is only done if appropriate.

All other areas are dealt with in the same session. I then contact the family and explain that everything has been cleansed. It will often take a few days for the

changes to be noticed, streams for instance will take up to 48 hours to alter their course, and for the residue spirits to dissipate.

Because cleansing is unique, I always ask for feedback from the clients and in this case, I received a telephone call about one week after to say that the house felt very peaceful and calm, and there was a stillness and clarity in the atmosphere that hadn't been there before.

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